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Faculdade de Odontologia
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Tese

União adesiva à dentina sadia e dentina afetada por cárie

Cristina Pereira Isolan

Pelotas, 2016

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Resumo

ISOLAN, Cristina Pereira. **União adesiva à dentina sadia e dentina afetada por cárie**. 2016. 109f. Tese (Doutorado em Odontologia). Programa de Pós-Graduação em Odontologia, Universidade Federal de Pelotas, Pelotas. 2016.

O objetivo deste trabalho, dividido em três estudos, foi avaliar a resistência de união de sistemas adesivos comerciais e experimentais a diferentes substratos, dando ênfase à dentina afetada por cárie (CAD), por ser um substrato bastante comum na prática clínica e ainda com muitos questionamentos a serem esclarecidos. Materiais e Métodos: No estudo 1, foi comparada a resistência de união entre um Adesivo Universal (Scotchbond Universal, 3 M ESPE) e outros Sistemas adesivos comerciais aplicados a diferentes substratos: esmalte, dentina hígida (SoD), resina composta e porcelana. Espécimes de cada substrato foram confeccionados para o teste de microtração (SoD e resina composta) ou teste de cisalhamento (esmalte e cerâmica). Os dados foram analisados por meio de ANOVA uma via e teste de Tukey ($\alpha = 0,05$). No estudo 2 foi avaliada, por meio de uma revisão sistemática da literatura, a união de adesivos aplicados à SoD em comparação à CAD. Uma pesquisa no PubMed, Scopus e Web of Science foi realizada por dois revisores independentes. Foram identificados 2.260 artigos únicos e, após avaliação dos títulos/resumos, 65 artigos foram selecionados para leitura completa, dos quais 40 foram incluídos. Os dados foram extraídos e categorizados de acordo com o sistema adesivo utilizado (convencional ou autocondicionante). As médias de resistência de união de ambos substratos foram comparadas utilizando um modelo estatístico de efeitos randômicos (Review Manager Version 5.1). A heterogeneidade estatística foi testada usando teste I^2 . Uma análise de subgrupo foi realizada considerando métodos de remoção de tecido cariado. O estudo 3 avaliou a resistência de união imediata, e após período de 6 meses, de adesivos experimentais autocondicionantes à SoD e CAD; tais adesivos continham três diferentes concentrações do monômero ácido GDMA-P. Biofilmes de microcosmos originados de saliva humana foram formados sobre discos de dentina e cultivados em anaerobiose por 14 dias. Doze grupos foram definidos com diferentes concentrações de GDMA-P (5%, 20% e 35%), tipo de dentina e período de estocagem. Discos de dentina bovina para cada grupo ($n=10$) foram incluídos em resina acrílica e o adesivo foi aplicado. Uma matriz de elastômero foi usada para obtenção de dois cilindros (diâmetro 1,5 mm, espessura 0,5 mm) de resina composta na superfície. Os cilindros foram submetidos ao teste de resistência de união após 24h e após 6 meses em uma máquina de Ensaio Universal. Os dados foram analisados por ANOVA e Student-Newman-Keuls (5%). Resultados: No estudo 1, os resultados foram satisfatórios para adesão a cerâmica, resina composta, esmalte e dentina, esta última tanto com a técnica de condicionamento total, como com a autocondicionante. No estudo 2, os sistemas adesivos convencional e autocondicionante aplicados à SoD apresentaram melhores resultados de resistência de união quando comparados aos da CAD. O método

utilizado para a remoção de cárie também afetou a resistência de união. No estudo 3, a concentração de GDMA-P e o tipo de substrato interferiram na resistência de união à dentina. Conclusão: Variáveis na formulação dos adesivos interferem no seu desempenho de união a diferentes substratos. Estudos ainda devem ser realizados para se desenvolver uma formulação tida como ideal para substratos mais complexos como CAD.

Palavras-chave: adesão; adesivos; adesivos autocondicionantes; dentina cariada; dentina hígida; hibridização dentinária; polimerização; resistência de união; técnicas de microscopia.

Abstract

ISOLAN, Cristina Pereira. **Adhesive bonding to sound dentin and caries-affected dentin**. 2016. 109p. Thesis (PhD in Dentistry). Graduate Program in Dentistry. Federal University of Pelotas, Pelotas. 2016.

The main objective of this investigation, divided into three studies, was to assess the bonding strength of commercial and experimental adhesive systems to different substrates, emphasizing caries-affected dentin (CAD), as it is a fairly common substrate in clinical practice and with many doubts to be clarified. Materials and methods: Study 1, to compare the bonding ability of a universal dental adhesive (Scotchbond Universal, 3 M ESPE) to other commercial dental bonding agents applied to different substrates: enamel, sound dentin (SoD), resin composite, and porcelain. Specimens of each substrate were prepared for microtensile bond strength test/ μ TBS (SoD and composite) or shear bond test/SBS (enamel and porcelain). Data were analyzed using One-Way ANOVA and Tukey's test ($\alpha=0.05$). In study 2, the adhesive performance (bonding ability) of dental adhesives applied to sound dentin (SoD) in comparison to caries-affected dentin (CAD) was evaluated through a systematic review of dental literature. A structured search in three international databases (Medline/PubMed, Scopus, and Web of Science) was carried out by two independent reviewers. A total of 2.260 unique articles were found. After excluding articles by title and reading of the abstract, 65 articles were selected for full-text reading, and 40 studies were included in the review. Data were extracted and categorized according to the adhesive system used (etch-and-rinse or self-etch adhesives). The bonding strength mean of the two substrates tested were compared using a randomized effects model (Review Manager Version 5.1). Statistical heterogeneity was tested by using I^2 test. A subgroup analysis was carried out to explore the heterogeneity considering the methods used for the removal of caries. Study 3 evaluated immediate and long term shear bonding strength of experimental self-etch adhesives, containing three different concentrations of the acidic monomer GDMA-P, to SoD and CAD. Microcosm biofilms were formed over dentin discs and cultivated under anaerobic conditions for 14 days. Twelve groups were defined by different GDMA-P concentrations (5%, 20%, and 35%), dentin type and storage time. Bovine dentin discs for each group ($n=10$) were included in acrylic resin and the adhesives were applied. An elastomer mold with cylindrical orifices (1.5 mm diameter) was used to obtain two cylinders of composite resin on the surface. After a period of 24h and 6 months the cylinders were subjected to bond strength test in a mechanical testing machine. Data were analysed by ANOVA and Student-Neuman-Keuls' test (5%). Results: In Study 1, the results were considered satisfactory for adhesion to ceramic, composite, enamel and dentin, and the latter for both the total etching and self-etching technique. In study 2, the conventional and self-etching adhesive systems applied to SoD showed better bond strength results compared to CAD. The method used for removing carious also affected the bond strength. In

study 3, the bond strength to dentin varied with the concentration of GDMA-P and type of substrate. Conclusion: Variables in the formulation of adhesives have impact in their bonding performance to different substrates. Further studies are still necessary to develop an ideal formulation for more complex substrates such as CAD.

Key-words: bonding; adhesive; self-etch adhesive; caries-affected dentin; sound dentin; dentin hybridization; polymerization; bonding strength; microscopy techniques.

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1 Introdução

O sucesso dos procedimentos restauradores adesivos depende, entre outros fatores, da eficiência dos sistemas de união utilizados. As características estruturais e morfológicas dos substratos envolvidos na adesão têm papel importante no desempenho das restaurações, sendo fundamental o conhecimento do mecanismo de ação dos sistemas de união disponíveis no mercado, além do tipo de substrato dentário envolvido. Os sistemas adesivos utilizados em odontologia buscam simplificar a técnica de união e diminuir as dificuldades de adesão à dentina (PASHLEY et al., 2011), havendo inclusive materiais para aplicação em passo único em esmalte e dentina.

Dentro da odontologia minimamente invasiva já está estabelecida a possibilidade da remoção parcial de tecido cariado (MALTZ et al., 2007; MASSARA; ALVES; BRANDÃO, 2002; WAMBIER et al., 2007) sem interferência no sucesso do tratamento restaurador. No entanto, o uso de sistemas adesivos autocondicionantes ainda não é uma unanimidade, especialmente no Brasil. Nestes sistemas adesivos, ao contrário dos sistemas convencionais, não é feita a remoção total da *smear layer*; alternativamente, promove-se integração com a mesma.

Primers autocondicionantes contendo monômeros ácidos são aplicados sobre a dentina coberta pela *smear layer* sem a necessidade de posterior lavagem. Os autocondicionantes de passo único reúnem as etapas de condicionamento e infiltração do substrato em um único procedimento. Apesar destes sistemas de união serem comercializados como simplificados, devido ao menor número de passos de aplicação, eles são na realidade misturas relativamente complexas de monômeros resinosos hidrófilos e hidrófobos, monômeros ácidos, solventes, água e outros aditivos (REIS et al., 2007; TAY; PASHLEY, 2001).

Os testes de adesão em odontologia, em sua maioria, são realizados em dentina hígida (SoD). Sabe-se que na prática clínica, entretanto, o substrato geralmente encontrado é a dentina afetada por cárie (CAD) (PERDIGÃO, 2010). Este substrato, devido às modificações que sofre pelo processo carioso, pode influenciar o desempenho da adesividade dos materiais, resultando em menores

valores de resistência de união na CAD em comparação com a SoD de dentes permanentes (SCHOLTANUS et al., 2010). No entanto, em sistemas adesivos convencionais, há relatos de que se consegue uma adequada adesão em dentina afetada por cárie (WEI et al., 2008; YOSHIYAMA et al., 2004; ZANCHI et al., 2010).

A presença da CAD na clínica diária faz dela um relevante substrato a ser estudado, também com sistemas adesivos autocondicionantes. O tratamento tradicional de dentes cariados envolve a remoção de todo o tecido efetivamente comprometido pelo processo carioso, para dar lugar aos materiais restauradores. A escavação da CAD envolvendo remoção além da camada externa infectada, considerada não remineralizada, pode sacrificar mais estrutura do que o necessário (NAKAJIMA et al., 2011; WEI et al., 2008).

Nos preparos cavitários, SoD e dentina alterada pelo processo de cárie coexistem. Materiais que utilizam esses tecidos como substrato para adesão deveriam apresentar satisfatório desempenho de retenção e de selamento a ambos. Entretanto, a resistência de união dos sistemas adesivos à CAD é menor quando comparada à da SoD (PASHLEY; CARVALHO, 1997; SAY et al., 2005).

A dentina acometida por cárie apresenta alterações em suas estruturas morfológica e histológica decorrentes do processo de desmineralização. Os componentes minerais de fosfato e carbonato de cálcio diminuem na região da dentina afetada por cárie, quando comparada à SoD, devido aos ciclos de desmineralização. Estas diferenças de estrutura e composição encontradas não interferem apenas no procedimento de condicionamento ácido, mas também na penetração dos monômeros resinosos na dentina desmineralizada, o que pode induzir a grandes diferenças na interface adesiva quando comparada à encontrada em dentina sadia (WANG; SPENCER; WALKER, 2007).

Após remoção da dentina infectada, o tecido residual, denominado dentina afetada por cárie, (FUSAYAMA et al., 1979; NAKAJIMA et al., 1995) apresenta a dentina intertubular menos mineralizada e com maior número de porosidades (NAKAJIMA et al., 2000; WANG; SPENCER; WALKER, 2007; YOSHIYAMA et al., 2000) além da presença de cristais de fosfato tricálcico ácido-resistentes, decorrentes da recristalização da apatita dissolvida, obliterando a entrada dos túbulos dentinários (OGAWA et al., 1983; WANG; SPENCER; WALKER, 2007). Alterações proteicas de alguma forma significantes para o mecanismo de adesão também podem ocorrer nesse substrato.

Proteoglicanos, localizados na superfície do colágeno e responsáveis pela ligação entre fibrilas adjacentes, são importantes proteínas relacionadas à manutenção da expansão da matriz de dentina na presença de água após sua desmineralização, devido à sua alta afinidade por essas moléculas (BRESCHI et al., 2003; RUGGERI et al., 2007). Na dentina afetada por cárie, entretanto, essas proteínas apresentam alterações moleculares tais que dificultam a manutenção da hidratação da matriz desmineralizada (SUPPA et al., 2006).

As fibrilas de colágeno no substrato cariado apresentam menor concentração de ligações cruzadas quando comparadas às fibrilas da dentina hígida (SPENCER et al., 2005; WANG; SPENCER; WALKER, 2007). Em conjunto, essas características favorecem a formação de zonas de hibridização mais espessas (ERHARDT; OSORIO; TOLEDANO, 2008; PEREIRA et al., 2006), porém com maior número de imperfeições em seu interior (ERHARDT; OSORIO; TOLEDANO, 2008), assim como maior zona de colágeno exposto em sua base devido à incompleta infiltração da resina adesiva (HASHIMOTO et al., 2000; YOSHIYAMA et al., 2002). Além de interferirem negativamente na resistência de união imediata, essas características tornam as interfaces produzidas sobre a CAD mais suscetíveis à degradação hídrica ao longo do tempo (ERHARDT; OSORIO; TOLEDANO, 2008).

Estudos vêm sendo realizados com a intenção de melhorar as propriedades mecânicas dos adesivos autocondicionantes, avaliando a seleção e concentração de monômeros ácidos e monômeros convencionais (LEAL et al., 2011), assim como a quantidade de água (LIMA et al., 2008, 2010) e de co-solvente contidos no sistema (FONTES et al., 2012), os quais podem interferir na longevidade da união adesiva à dentina. Entretanto, a grande maioria das investigações relacionadas à formulação ideal de sistemas de união é realizada considerando a adesão a tecidos hígidos, negligenciando o potencial efeito do substrato alterado na efetividade dos sistemas adesivos.

Portanto, é importante estudar o impacto da formulação de sistemas de união no desempenho destes, quando aplicados à dentina afetada por cárie. Nesse sentido, adesivos autocondicionantes apresentam características bastante adequadas para aplicação em dentina hígida, porém existem poucas certezas sobre o seu desempenho em substratos alterados.

Dessa forma, o objetivo geral do presente estudo foi investigar o comportamento de adesivos simplificados em diferentes substratos. Os objetivos específicos do presente estudo incluem:

1. Avaliar a resistência de união de um Adesivo Universal comercial em diferentes substratos (esmalte, dentina, resina composta, e cerâmica) em comparação com outros sistemas adesivos comerciais;
2. Avaliar, por meio de uma revisão sistemática da literatura, a resistência de união de sistemas adesivos aplicados à SoD em comparação à CAD;
3. Realizar a síntese de um monômero ácido, avaliar sistemas adesivos autocondicionantes experimentais com concentrações diferentes do monômero ácido e investigar o efeito dos adesivos preparados na resistência de união imediata e após período de 6 meses em SoD e CAD.

2 Capítulo 1

Bond strength of a universal bonding agent and other contemporary dental adhesives applied to enamel, dentin, composite, and porcelain¹

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2.1 Abstract

The aim of this study was to compare the bonding ability of a universal dental adhesive (Scotchbond Universal/SBU, 3M ESPE) and other contemporary dental bonding agents applied to different substrates: enamel, dentin, resin composite, and porcelain. SBU was tested using both the etch-and-rinse/ER and self-etch/SE bonding approaches. The other adhesives tested were Scotchbond Multipurpose/SBMP (3M ESPE), Single Bond 2/SB (3M ESPE), and Clearfil SE Bond/CLSE (Kuraray). Specimens of each substrate were prepared for microtensile bond strength test/ μ TBS (dentin and composite) or shear/SBS test (enamel and porcelain). In composite and porcelain, negative (no treatment) and positive (silane+SB) control groups were tested. Data were analyzed using One-Way ANOVA and Tukey's test ($\alpha=0.05$). In enamel, SBU resulted in similar SBS ($p \geq 0.458$) compared to all other adhesives (SBMP= 19.0 ± 10.2^B ; SB= 26.6 ± 9.3^A ; CLSE= 26.0 ± 8.5^A ; SBU-SE= 23.5 ± 8.4^{AB} ; SBU-ER= 22.6 ± 9.9^{AB}). In dentin, SBU showed similar results to all other materials ($p \geq 0.123$), except SB ($p \leq 0.045$), which showed the highest μ TBS (SBMP= 35.4 ± 10.5^{AB} ; SB= 39.4 ± 11.2^A ; CLSE= 36.6 ± 10.9^{AB} ; SB-SE= 28.1 ± 13.7^B ; SBU-ER= 26.9 ± 7.4^B). In resin composite, SBU and the positive control presented similar μ TBS ($p=0.963$), and were higher than the negative control ($p \leq 0.001$) (SBU= 28.4 ± 9.9^A ; positive control= 29.5 ± 11.7^A ; negative control= 12.1 ± 8.7^B). In porcelain, SBU had higher SBS than the positive control ($p=0.001$), which showed higher SBS ($p < 0.001$) than the negative control (SBU= 29.0 ± 6.9^A ; positive control= 21.0 ± 7.0^B ; negative control= 5.3 ± 2.7^C). Equilibrium of adhesive and mixed failures occurred in dentin and resin composite, whereas a predominance of adhesive failures was observed in enamel and porcelain. In conclusion, the bonding ability of the universal adhesive was comparable to the other contemporary bonding agents tested, although it was dependent on the substrate evaluated. Universal adhesives seem to have potential applicability in adhesive dentistry.

2.2 Background

Adhesive bonding in dentistry is a process dependent on several factors, such as the type of substrate [1], type of adhesive substance(s) [2], humidity of the environment [3,4], and operator's ability in performing the bonding procedure [5]. With regard to the dental substrates, adhesive procedures are usually performed to achieve bond to dental enamel and dentin. Enamel is a highly-mineralized substrate

constituted of almost 100 wt% of hydroxyapatite crystals, which do not require a wet surface during adhesive procedures for proper bonding. By contrast, dentin is a more complex substrate constituted of both mineral and organic phases (e.g., collagen fibrils), as well as water. Consequently, bonding to dentin is challenging because an ideal moisture condition should be maintained to avoid collapse of the collagen matrix and allow proper adhesive infiltration of the adhesive into the demineralized substrate [1,6].

Dental adhesive systems are commonly characterized by the application of three different substances that fill three distinct clinical steps: etching, priming, and bonding [7]. Etching corresponds to the application of an acid substance to demineralize the surface; priming is the preparation of the etched surface before application of the adhesive, and it is usually applied to dentin alone. Bonding is the application of the hydrophobic resin bond adhesive over enamel and dentin. Acid-etching might be a separate clinical step (etch-and-rinse technique approach [1]), or it might be produced by acidic functional monomers (self-etch materials) [2]. Despite their differences, both techniques have demonstrated long-lasting dental bonding results [1,2].

One of the most recent novelties in adhesive dentistry was the introduction of 'universal' or 'multi-mode' adhesives. These materials are simplified adhesives, usually containing all bonding components in a single bottle. Universal adhesives may be applied either in etch-and-rinse or self-etching bonding approaches, according to manufacturers' claims. In addition, some universal adhesives may contain silane in their formulation, potentially eliminating the silanization step when bonding to glass ceramics or resin composites, for instance. Nevertheless, it is known that simplified materials are associated with lower *in vitro* bond strength results and poorer *in vivo* longevity of restorations [8-10]. These findings are probably a result of the complex formulation of simplified adhesives and their high content of solvents, which may impair complete solvent volatilization and consequently lead to poorer adhesive polymerization [11,12].

The aim of this study was to investigate the bonding ability of a universal dental adhesive to different dental substrates (enamel, dentin, composite, and porcelain) in comparison to other contemporary dental bonding agents. The hypothesis tested was that the universal adhesive would have similar bond strength results to the other adhesives irrespective of the substrate tested.

2.3 Methods

2.3.1 Study design

The design of this *in vitro* study is shown in Figure 1. Dental substrates (enamel and dentin) and material substrates (resin composite and porcelain) were used to investigate the bond strength performance of distinct bonding agents. The bonding agents tested were: the universal adhesive Scotchbond Universal/SBU (3M ESPE, St. Paul, MN, USA), the 3-step, etch-and-rinse Scotchbond Multipurpose/SBMP (3M ESPE), the 2-step, etch-and-rinse Single Bond 2/SB (3M ESPE), and the 2-step, self-etch Clearfil SE Bond/CLSE (Kuraray, Osaka, Japan). SBU was tested using both the etch-and-rinse and self-etch bonding approaches. When testing resin composite and porcelain, only SBU was investigated and compared to positive and negative control groups: the positive control was comprised of the application of silane (Silane, Dentsply, York, PA, USA) and SB, whereas the negative control was characterized by no prior treatment of substrates. Information about the pH (which was measured in triplicate using a pHmeter – Analion, model FM 608, Ribeirão Preto, SP, Brazil), manufacturer, lot number, composition, and directions of application of the bonding agents used are presented in Table 1. The response variables tested were bond strength (MPa) and failure mode, and the number of specimens tested in each group was 20.

2.3.2 Preparation of tooth substrates

Enamel and dentin specimens were obtained from fifty bovine incisors, which were properly cleaned, disinfected in 0.5% chloramine-T solution for seven days, and cut to remove the roots. All teeth specimens were randomly allocated into two groups according to the substrate to be tested: enamel or dentin. Enamel specimens were prepared for shear bond strength/SBS testing, i.e., the specimens were embedded in acrylic resin and then wet-ground at the buccal face using 600-grit silicon carbide (SiC) paper in order to standardize the smear layer [1]. Dentin specimens were prepared for microtensile bond strength/ μ TBS testing, i.e., the specimens were wet-ground using 600-grit SiC paper until exposure of medium dentin. Both enamel and dentin were acid etched with 37% phosphoric acid (Condac 37; FGM, Joinville, SC, Brazil) for 30 s and 15 s, respectively and rinsed with water for the same period of the acid-etching. Enamel was completely dried with compressed air, while dentin was kept moist (i.e., neither dry nor wet).

2.3.3 Preparation of resin composite and porcelain

Fifteen resin composite specimens were prepared by placing a microhybrid composite (Opallis; FGM – shade A3) into a silicone rectangular mold (18 × 10 mm; 3 mm thickness) using an incremental technique. Each increment was light-activated for 20 s with a light-emitting diode (LED) light-curing unit (Radii, SDI, Bayswater, VIC, Australia). The specimens were then prepared for μ TBS testing following the same procedures described for dentin specimens.

Fifteen porcelain specimens (12 × 10 mm; 2.5 mm thickness) were obtained from feldspathic porcelain blocks for CAD/CAM (Vitablocks Mark II, Vita Zahnfabrik, Bad Säckingen, Germany). The blocks were cut using a water-cooled diamond saw (Isomet 1000, Buheler Ltd, Lake Bluff, IL, USA) at low speed. The specimens were then prepared for SBS testing following the same protocol described for the preparation of enamel specimens, except for the acid-etching step which was carried out using 10% hydrofluoric acid for 90 s (Condac Porcelana, FGM).

2.3.4 Bonding protocol

The bonding agents were applied according to the manufacturers' directions of application, which are shown in Table 1. Specimens prepared for SBS testing were prepared by inserting resin composite into a silicone mold containing four cylindrical orifices (1.5 mm in diameter, 0.5 mm in thickness) followed by light-activation for 20 s. The adhesive was light-activated for 20 s after positioning the mold onto the surfaces in order to delimitate the bonding area. Specimens prepared for μ TBS testing were prepared by placing three increments of resin composite over the surfaces and light-activation for 20 s each increment. All specimens were stored in distilled water at 37°C, for 24 h, and then sectioned in two perpendicular directions to the bonded interface, resulting in beam-shaped specimens with approximately 0.8 mm² of transverse-sectional area.

2.3.5 Bond strength testing and failure mode analysis

After storage of all specimens in distilled water, for 24 h, the shear and microtensile bonding tests were carried out using a mechanical testing machine (DL500; São José dos Pinhais, PR, Brazil). While the specimens for SBS test were looped with a thin wire and tested under shear stress, the specimens for μ TBS test

were positioned in a specific jig and then tested under tensile stress [13]. Both SBS and μ TBS tests were performed at a crosshead speed of 1 mm/min until failure, and the bond strength data were calculated in MPa.

After the test, all surfaces were examined using a light stereomicroscope at 40 \times magnification in an attempt to identify the failure patterns obtained after each bond strength test performed. Failure modes were classified as adhesive, cohesive in the substrate (enamel, dentin, original composite, or porcelain), cohesive in the composite restoration ('fresh composite' for resin composite substrate), or mixed.

2.3.6 Statistical analysis

The pH of adhesives as well as the bond strength data were analyzed with the statistical program SigmaPlot version 12 (Systat Software Inc., San Jose, CA, USA) using One-Way Analysis of Variance and Tukey's *post hoc* test for multiple comparisons ($\alpha=0.05$).

2.4 Results

2.4.1 pH of the adhesives

The pH of the four adhesives evaluated is shown in Table 1. The pH has decreased significantly in the following order: SB > SBMP (Primer) > SBU > CLSE ($p<0.001$).

2.4.2 Bond strength to enamel

The results of bond strength to enamel are presented in Table 2. SB and CLSE resulted in higher bond strength than SBMP ($p\leq 0.018$), although similar to SBU and regardless of the etching approach used ($p\geq 0.458$). SBU demonstrated similar SBS compared to all other adhesives ($p\geq 0.145$).

2.4.3 Bond strength to dentin

The results of bond strength to dentin are shown in Table 3. SB had the highest bond strength, which was similar to CLSE and SBMP ($p\geq 0.848$) and higher than SBU applied under both ER and SE techniques ($p\leq 0.045$). SBU resulted in similar μ TBS to CLSE and SBMP ($p\geq 0.123$).

2.4.4 Bond strength to resin composite

The results of bond strength to resin composite are displayed in Table 3. SBU and the positive control resulted in similar μ TBS results ($p=0.963$), which were higher than the negative control ($p\leq 0.001$).

2.4.5 Bond strength to porcelain

The results of bond strength to porcelain are shown in Table 2. SBU had higher SBS than the positive control ($p\leq 0.001$), and both showed higher bond strength than the negative control ($p\leq 0.001$).

2.4.6 Failure analysis

The failure modes results for all bond strength tests performed in the study is shown in Figure 2. In enamel, predominance of adhesive failures was observed in all groups (Figure 2a). In dentin, equilibrium of adhesive and mixed failures was detected (Figure 2b). In resin composite, while the negative control showed only adhesive failures, the positive control and SBU groups presented similar percentages of adhesive and mixed failures (Figure 2c). In porcelain, virtually all failures were adhesive in the negative control and in lower frequency in the other groups (Figure 2d).

2.5 Discussion

The type of substrate is one of the most important factors affecting the bonding performance of adhesives in dentistry [1]. The chemistry of the substrates, that might be dental tissues or restorative materials, may request the application of specific materials to allow a satisfactory and long-lasting bonding. Dentin, for instance, is naturally a complex and wet substrate, requiring the application of both hydrophilic and hydrophobic materials; enamel, on the other hand, requires the application of a hydrophobic material only, since its composition is almost exclusively inorganic [1,2]. In contrast, restorative materials such as resin composites and porcelains have a low reactive structure after curing/sintering, thus requiring the application of specific components to make their surface active again and prone to adhesion [14]. Some universal adhesives present a versatile formulation that may enable adhesion to any type of substrate, although the performance of universal adhesives tested to different substrates still needs further investigation.

Universal adhesives have the versatility of being applied to dental tissues either using etch-and-rinse/ER or self-etch/SE bonding approaches. Although SE adhesives are easier to apply and commonly less technique-sensitive than ER versions [2], it has been shown that both techniques may lead to appropriate dental bonding [1,2]. Results of the present study corroborate with those previous findings, since groups SBU-SE and SBU-ER had similar enamel and dentin bond strengths. Taking into consideration that the acid-etching with 37% phosphoric acid was the only difference between the groups, it can be suggested that the application of the acid as a separate clinical step is not essential to improve the bond strength results when using the universal adhesive tested herein. This may be due to the unique composition of SBU (Table 1): first, it is constituted of 10-MDP, which is a phosphate monomer that renders the adhesive an acidic character (in Table 1, SBU and CLSE, which are both 10-MDP-based adhesives, showed the lowest pH values), enabling simultaneous demineralization and monomer infiltration [2]; second, 10-MDP is a recognized monomer able to chemically interact with tooth minerals [2], improving the long-term stability of the adhesion formed; lastly, SBU is also comprised of a polyalkenoic acid copolymer (Vitrebond™ copolymer), which, according to the manufacturer, provides satisfactory bonding to dentin under moist or dry conditions [11].

In enamel, the universal adhesive showed similar bond strength to all the other adhesive systems investigated (Table 2), demonstrating that it would be a good option to promote adhesion between resin composites and enamel. Special attention should be addressed to the SBU-SE group, which involved in a single adhesive step of application, differently from the other adhesives. Indeed, the possibility of using an easy and faster bonding agent to satisfactorily bond to enamel and without compromising the adhesion outcome is still important and desired in dentistry [2]. However, it should be highlighted that the selective enamel etching clinical technique is still regarded as the most reliable approach to bond to dental enamel when using self-etch adhesives [15].

In dentin, the bond strength of the universal adhesive was similar to all bonding agents except SB. Considering that dentin is a challenging substrate for adhesion and that the universal SBU is comprised of a heterogeneous composition that mixes various different components into the same solution (e.g., acidic and non-acidic monomers, solvents, fillers, initiators, and silane – Table 1), the combination of

these factors may have probably decreased the bonding ability of SBU to dentin. SB, on the other hand, has a less complex composition than SBU, thus allowing satisfactory adhesion, which is corroborated by several previous studies [16-19]. However, this study tested only the immediate bond strength to dentin, and it is known that etch-and-rinse adhesives tend to generate less stable dentin bonding as compared with self-etch adhesives [8].

In resin composite, SBU resulted in similar bond strength when compared to the positive control (i.e., the conventional protocol used to repair resin composite restorations – application of silane and adhesive). In porcelain, SBU showed the highest bond strength, which was higher than the positive control (i.e., application of silane and adhesive) as well as the negative control (no treatment). The repair process of restorative materials such as resin composites and porcelains can be performed by using several chemical substances and physical methods [14,20,21], although the most common procedure performed by dental practitioners is the application of silane prior to the adhesive material. Silane is a coupling agent that interacts with the inorganic glass fillers of resin composites [22]. Consequently, silane is usually applied on the surface of the composites during repairs, for instance. Silane could make the surface of the restorative active again and thus able to adhesively interact with the fresh repairing composite. In a similar fashion, silane is also used for bonding or repairing porcelains, but only after the prior application of hydrofluoric acid, which produces micro-retentions on the surface [23]. In the present study, SBU resulted in higher or similar bond strength when compared to the positive controls, irrespective of the substrate tested. This finding is likely a result of the silane molecule presented in SBU formulation, allowing proper chemical interaction with the glass phases of porcelain and composite.

The present findings demonstrated that the universal dental adhesive tested herein allowed satisfactory adhesion to different substrates of application as compared to the other contemporary agents tested. Findings of the failure analysis corroborate in showing similar performance between the adhesives investigated (Figure 2). It is important to note that SBU performed differently depending on the substrate, thus allowing only the partial acceptance of the study hypothesis. The present study had some limitations, including the immediate (24 h) testing only and absence of scanning electron microscopy analysis, which would have contributed to the understanding of the quality of the adhesive interfaces. Furthermore, the bonding

ability of other universal adhesives on additional substrates (e.g., metals, sclerotic dentin, different types of ceramics, among others) still needs evaluation to confirm the universal applicability of these materials.

2.6 Conclusion

The bonding ability of the universal adhesive was comparable to the other contemporary dental bonding agents tested, although it was dependent on the substrate evaluated. Universal adhesives seem to have potential applicability in different areas of the adhesive dentistry.

2.7 Acknowledgements

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Table 1. Information of pH, manufacturer, lot number, composition, and directions of application of the adhesive materials investigated in the study.

Material pH [§]	Manufacturer (Lot number)	Composition	Directions of application*
SBU pH=2.6 ^c	3M ESPE (1302800437)	MDP phosphate monomer, dimethacrylate resins, HEMA, polyalkenoic acid copolymer, filler, ethanol, water, initiators, silane	e; c; f (10 s)
SBMP pH=3.9 ^b (Primer)	3M ESPE (205453)	<i>Primer:</i> Polyalkenoic acid copolymer HEMA, water <i>Bond:</i> Bis-GMA, HEMA, tertiary amines, photo-initiator	a; b; c; d (20 s); c; e (10 s); f (10 s)
SB pH=4.2 ^a	3M ESPE (330843 BR)	Dimethacrylate resins, HEMA, polyalkenoic acid copolymer, filler, ethanol, water, initiators <i>Primer:</i> MDP, dimethacrylate monomer, HEMA, silica, N,N-diethanol-p-toluidine, CQ	a; b; c; e (10 s); c; (repeat 2-3 times steps “e” and “c”); f (10 s)
CLSE pH=1.4 ^d	Kuraray (01714-A)	<i>Bond:</i> HEMA, dimethacrylate monomer, Bis-GMA, N,N-diethanol-p-toluidine, silica, CQ	d; c; e; c; f (10 s)
Silane	Dentsply (802197F)	Silane, ethanol, acetic acid	g (15 s); h; i; c; (repeat steps “i” and “c”)

SBU: Scotchbond Universal; SBMP: Scotchbond Multipurpose; SB: Single Bond 2; CLSE: Clearfil SE Bond; MDP: 10-methacryloyloxydecyl dihydrogen phosphate; HEMA: 2-hydroxyethyl methacrylate; Bis-GMA: bisphenol A glycidyl methacrylate; CQ: camphorquinone.

* a: acid-etching (15 s in dentin/resin composite and 30 s in enamel); b: (rinsing with water for the same period of time of acid-etching); c: drying with compressed air; d: primer application; e: resin bond/adhesive application; f: light-activation; g: mix one drop of the primer and one drop of the activator; h: let the mixture rest for 5 minutes; i: silane application.

[§] Distinct superscript letters indicate statistically significant differences in pH (p<0.05).

Table 2. Shear bond strength means and standard deviation (\pm SD) for enamel and porcelain.

Substrate	SBMP	SB	CLSE	SBU		Positive control	Negative control
				SE	ER		
Enamel	19.0 ^b	26.6 ^a	26.0 ^a	23.5 ^{ab}	22.6 ^{ab}		
	(\pm 10.2)	(\pm 9.3)	(\pm 8.5)	(\pm 8.4)	(\pm 9.9)		
Porcelain					29.0 ^a	21.0 ^b	5.3 ^c
					(\pm 6.9)	(\pm 7.0)	(\pm 2.7)

SBMP: Scotchbond Multipurpose; SB: Single Bond 2; CLSE: Clearfil SE Bond; SBU: Scotchbond Universal; SE: self-etch technique; ER: etch-and-rinse technique; Positive control: Silane plus SB; Negative control: no material.

Distinct letters in the same row indicate statistically significant differences ($p < 0.05$).

Table 3. Microtensile bond strength means and standard deviation (\pm SD) for dentin and resin composite.

Substrate	SBMP	SB	CLSE	SBU		Positive control	Negative control
				SE	ER		
Dentin	35.4 ^{ab}	39.4 ^a	36.6 ^{ab}	28.1 ^b	26.9 ^b		
	(\pm 10.5)	(\pm 11.2)	(\pm 10.9)	(\pm 13.7)	(\pm 7.4)		
Resin composite					28.4 ^a	29.5 ^a	12.1 ^b
					(\pm 9.9)	(\pm 11.7)	(\pm 8.7)

SBMP: Scotchbond Multipurpose; SB: Single Bond 2; CLSE: Clearfil SE Bond; SBU: Single Bond Universal; SE: self-etch technique; ER: etch-and-rinse technique; Positive control: Silane plus SB; Negative control: no treatment.

Distinct letters in the same row indicate statistically significant differences ($p < 0.05$).

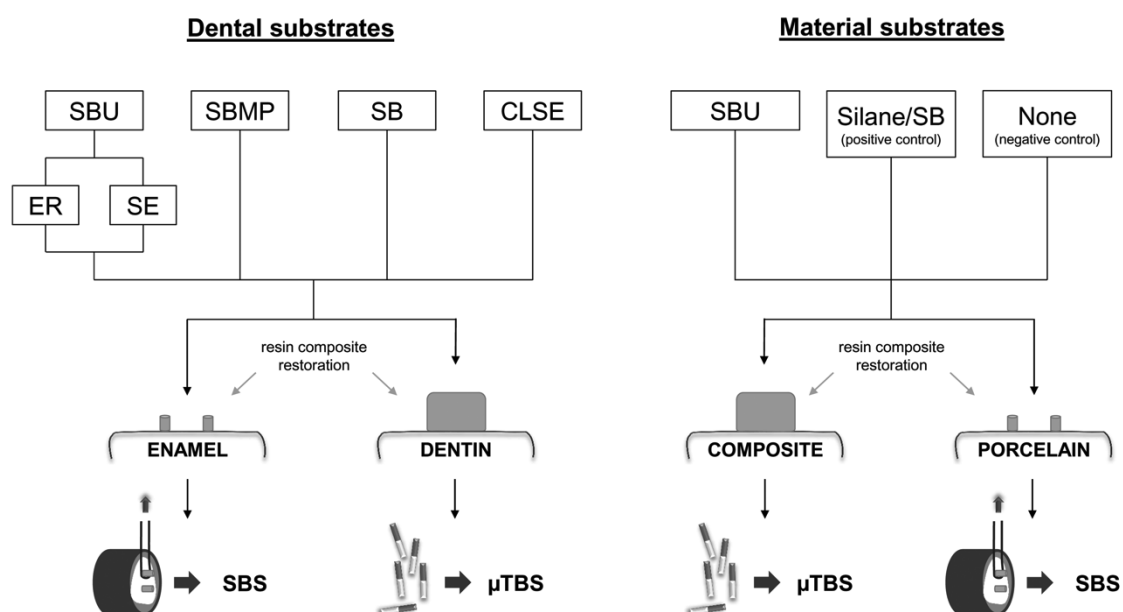
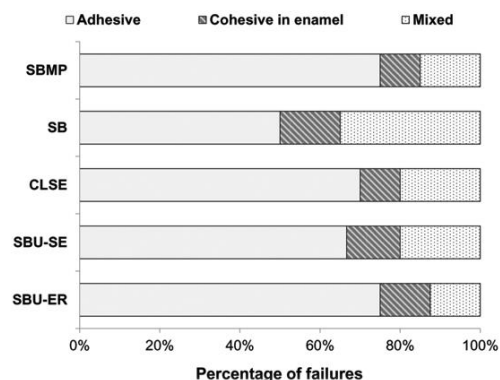
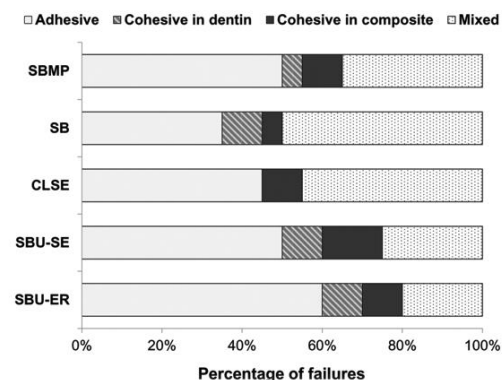


Figure 1. Experimental design of the study. SBU – Scotchbond Universal; ER – etch-and-rinse; SE – self-etch; SBMP – Scotchbond Multipurpose; SB – Single Bond 2; CLSE – Clearfil SE Bond; SBS – shear bond strength; and μ TBS – microtensile bond strength.

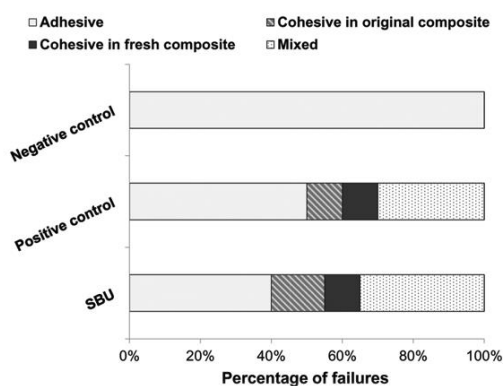
(a) ENAMEL



(b) DENTIN



(c) RESIN COMPOSITE



(d) PORCELAIN

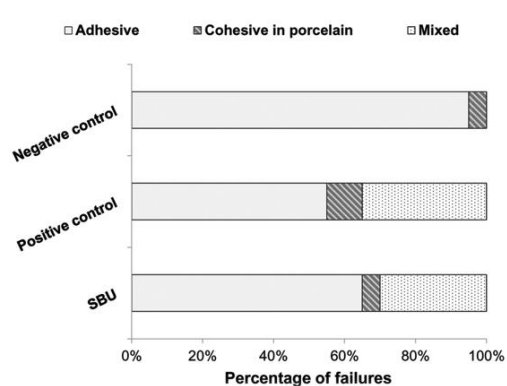


Figure 2. Failure patterns obtained after bond strength evaluation of the adhesive systems applied in enamel (a), dentin (b), resin composite (c), and porcelain (d).

3 Capítulo 2

Bonding to sound and caries-affected dentin: systematic review and meta-analyses²

Short title: Bonding to sound vs. caries-affected dentin

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3.1 Abstract

Purpose: This study systematically reviewed the literature to compare the bonding ability of dental adhesives applied to sound dentin (SoD) vs. caries-affected dentin (CAD).

Materials and Methods: Three international databases (Medline/PubMed, Scopus, and Web of Science) were searched. Eligible studies that evaluated the bond strength to both SoD and CAD were included. Random effects meta-analyses were conducted to calculate pooled mean difference between substrates, separately for etch-and-rinse and self-etch adhesives. Subgroup analyses were carried out to explore heterogeneity considering the methods used for removal of infected carious dentin. A comparison between etch-and-rinse and self-etch adhesives restricted to CAD was also carried out. Statistical heterogeneity was considered using I^2 test. Risk of bias of all included studies was assessed.

Results: In total, 2,260 articles were found, 65 were selected for full-text reading, and 40 studies were included. The meta-analyses favored SoD over CAD for both etch-and-rinse (effect size: -10.04; 95% confidence interval (CI):-11.94,-8.14; $I^2=95\%$) and self-etch adhesives (effect size: -6.76; 95% CI:-8.23,-5.30; $I^2=89\%$). In the subgroup analyses, SoD was favored irrespective of the method used for caries removal (effect size ≤ -4.86 ; $I^2 \geq 28\%$): excavation (manual or with burs), grinding with abrasive papers, combination of more than one method, and when the method was not mentioned. The meta-analysis restricted to CAD favored etch-and-rinse over self-etch adhesives (effect size: 3.13; 95% CI:1.82,4.44; $I^2=72\%$). Most included studies were judged as having unclear risk of bias.

Conclusion: Bonding to SoD is better compared to CAD. The performance of Etch-and-rinse adhesives is preferable to self-etch adhesives when applied to CAD.

3.2 Introduction

Structural and morphological characteristics of dental substrates involved in the adhesion of resin-based materials play important roles on the performance of dental restorations. Restorative treatments might last long clinically when the bonding mechanism of adhesive systems to dental tissues is known and procedures are carried out properly. Current dental adhesive approaches seek to simplify the bonding technique and reduce difficulties of bonding to dentin,⁵⁴ which is still considered the weakest link in dental adhesion.

In vitro testing of dental adhesives usually involves the use of sound dentin (SoD) as bonding substrate. It is known, however, that caries-affected dentin (CAD) is a more frequent substrate for bonding in the clinical practice. Changes caused by the caries process, such as loss of mineral content, increased porosity of intertubular dentin,⁴⁴ dissolution of apatite mineral crystals,^{5,52} and degradation of unprotected collagen by bacterial and host-mediated enzymes^{28,70} might negatively impact the performance of the adhesives applied to CAD. These morphological alterations might result in poorer dentin hybridization^{1,50} and reduced mechanical performance of the bonded restorations.³⁵ Taking into account that the dental substrate usually used in *in vitro* bonding tests is less challenging for adhesion than the substrate found clinically, it might be assumed that the actual performance of dental adhesives is generally overestimated.

Little evidence is available from clinical studies on the performance of dental adhesives comparing different dentin substrates to base clinical decisions. Clinicians have to rely on their own clinical judgement or in *in vitro* data for choosing the best approach to bond to CAD. Pooled *in vitro* data could aid in drawing more solid conclusions on which strategy might work better for CAD. A recent systematic review on bonding to CAD⁹ showed that from 40% to 85% of studies reported increased bond strengths to SoD, depending on the adhesives tested. However, the authors did not conduct a meta-analysis on bond strength data for comparing the bonding potential between substrates. A meta-analysis might additionally allow testing other factors associated with bonding to SoD vs. CAD, such as the method used for removal of infected carious dentin, for instance.

This study was designed to evaluate by means of a systematic review of the literature the bond strength of different adhesive approaches (etch-and-rinse and self-etch) applied to SoD vs. CAD dentin. Attention was also given to the effect that methods used for removal of infected carious dentin might have on bonding to CAD. The hypothesis tested was that the bond strength to CAD is lower than to SoD.

3.3 Materials and Methods

This systematic review was carried out according to the guidelines of Cochrane Handbook for Systematic Reviews of Interventions²¹ and followed the four-phase flow diagram based on the Preferred Reporting Items for Systematic Reviews

and Meta-Analyses (PRISMA) Statement.³⁹ The present report is based on the PRISMA Statement.

3.3.1 Study selection and search strategy

In vitro studies that compared the bond strength of adhesive systems to SoD and CAD were selected. The study should have reported at least one comparison between substrates (SoD vs. CAD) for inclusion, irrespective of the caries detection method, method used for removal of carious infected dentin, bond strength test, and storage time of specimens before testing. Articles assessing only the bond strength of adhesives to SoD or CAD without comparing the substrates were excluded.

Studies were identified through Medline/PubMed, Scopus, and Web of Science databases. The last search was carried out in March 2015 with no language or date restrictions. References of all included studies were also hand-searched. The following search strategy was used in the three databases: dentin* AND (bond* OR adhes*) AND (caries* OR carious OR decay*). Literature search results were de-duplicated using EndNote X7 software (Thomson Reuters, New York, NY, USA). Two independent reviewers (C.P.I. and R.S.O) initially screened the titles of all identified studies. If the title indicated possible inclusion, the abstract was evaluated. After the abstracts were carefully appraised, manuscripts considered eligible for the review (or in case of doubt) were selected for full-text reading. Discrepancies were resolved by discussion with a third reviewer (R.R.M.).

3.3.2 Data collection

A standardized outline was used for data extraction based on the characteristics of studies and groups tested: sample size, carious dentin type (e.g. natural, artificially-induced), caries detection method (e.g. visual examination, hardness, dye staining), method used for removal of carious infected dentin (e.g. excavation, grinding), dental substrate used (e.g. human molars, bovine incisors), bond strength test, adhesive system type and brand. Dentin bond strength means and standard deviations were also extracted. The authors of studies were contacted in case of missing or any unpublished data; these studies were only included if the authors provided the missing information.

3.3.3 Assessment of risk of bias

The risk of bias was assessed based on previous studies^{40,41,58} and The Cochrane Collaboration's tool for assessing risk of bias.²⁰ The following parameters were considered: teeth randomization, materials used according to manufacturers' instructions, sample size calculation, blinding of the operator of the testing machine, and caries detection method. The reporting or not of each item was evaluated as high, low, or unclear risk of bias. The parameters used were discussed by the researchers involved and judgment was carried out by a single researcher (R.S.O). Assessment of risk of bias was conducted using Review Manager 5.3 software (Copenhagen: The Nordic Cochrane Centre, The Cochrane Collaboration, 2014).

3.3.4 Data analysis

Characteristics of studies were summarized descriptively. When sufficient data were available, a random effects meta-analysis was conducted to calculate pooled mean difference between SoD and CAD. Analyses were carried out separately for self-etch and etch-and-rinse adhesives. As a *post hoc* decision, a subgroup analysis was carried out to explore the heterogeneity considering the caries removal methods used in CAD group (excavation, grinding, more than one method, or unknown). An additional comparison between etch-and-rinse and self-etch adhesives restricted to CAD was carried out. In order to avoid overestimation of results, bond strength data included in this additional analysis were restricted to those from studies in which self-etch or etch-and-rinse adhesives were compared under same conditions (e.g. same method for removal of carious infected dentin) and when a pairwise comparison was feasible. Statistical heterogeneity was considered using I^2 test (>75% indicates high heterogeneity). The analyses were conducted using Review Manager 5.3 software.

3.4 Results

After screening 2,260 unique titles, 121 abstracts, and 65 full-text articles, 40 studies were included in this review. Details of articles selection and reasons for exclusions are shown in Figure 1. In total, 26 studies were excluded from the review.^{2,6,12,17-19,22,24,25,27,29,30,33,36,42,43,51,57,59,61,62,67-69,71,76} and one study was included after reading the references of the included articles.⁴⁸ Characteristics of the studies included are summarized in Table 1.

From the 40 studies included in the meta-analyses, 39 studies used human teeth (usually third molars), 36 studies tested natural caries lesions, and only 4 studies tested artificially induced caries lesions. Regarding the caries detection method, 60% of studies combined staining with a dye for caries detection and visual examination. Most studies (87.5%) used surface grinding as method for removal of infected carious dentin, sometimes combining grinding with other methods; excavation alone (manual or with burs) or combined with other method was used in 47.5% of studies. Most studies used microtensile bond strength testing and stored specimens in water at 37°C for 24 h. As regards the comparison of failure modes between SoD and CAD, although the majority of studies (57.1%) reported no appreciable differences between these substrates, 25% of studies observed increased occurrence of cohesive failure within dentin for CAD compared to SoD groups.

Figures 2 and 3 show the results for the meta-analyses and subgroup analyses comparing SoD and CAD. In studies that tested etch-and-rinse adhesives, the meta-analysis favored SoD, with effect size of -10.04, 95% confidence interval (CI) between -11.94 and -8.14, and $I^2=95\%$ (Figure 2). In the subgroup analysis for studies using excavation for removal of infected carious dentin, SoD was favored with effect size of -9.34 (95% CI: -12.00, -6.67) and $I^2=94\%$. For grinding as removal method, the results favored SoD with effect size of -10.67 (95% CI: -14.34, -6.99) and $I^2=97\%$. For studies using more than one method for removal of infected carious dentin, the results favored SoD with effect size of -4.86 (95% CI: -9.73, 0.00) and $I^2=84\%$. When analyzing studies that did not mention the removal method, SoD was again favored with effect size of -13.77 (95% CI: -16.25, -11.29) and $I^2=70\%$.

When studies testing self-etch adhesives were considered (Figure 3), the meta-analysis favored SoD with effect size of -6.76 (95% CI: -8.23, -5.30) and $I^2=89\%$. In the subgroup analysis for studies using excavation for removal of infected carious dentin, the result favored SoD with effect size of -5.61 (95% CI: -7.78, -3.45) and $I^2=89\%$. For studies using grinding as removal method, SoD was favored with effect size of -7.34 (95% CI: -9.97, -4.70) and $I^2=90\%$. SoD was again favored in studies that used more than one method for removal of infected carious dentin (effect size: -7.45; 95% CI: -9.92, -4.98; $I^2=68\%$) and in studies that did not inform the method (effect size: -13.21; 95% CI: -16.95, -9.46; $I^2=28\%$).

Figure 4 shows the results for the meta-analysis comparing the bond strength between adhesives restricted to CAD. The resulted favored etch-and-rinse adhesives over self-etch adhesives with effect size of 3.13 (95% CI: 1.82, 4.44) and $I^2=72\%$. Results for the judgment of risk of bias in the studies included in all meta-analyses are presented in Figures 5 and 6. Only 2 studies did not report the method used for caries detection^{1,81} and none of the included studies reported sample size calculation or blinding of the operator of the testing machine. Randomization of specimens was reported in more than 50% of the studies assessed. Almost 100% of studies reported that used adhesive materials according to the manufacturers' instructions.

3.5 Discussion

This review is one of the first to summarize data from *in vitro* literature on bonding to SoD and CAD, and the first to provide meta-analyses on bond strength data comparing these substrates. The meta-analyses indicated that bonding to SoD was always significantly higher than bonding to CAD, irrespective of materials and techniques tested, confirming the hypothesis tested. These results corroborate the observations of a recent review on the same topic.⁹ In our systematic review and meta-analyses, 40 studies were included, whereas 29 studies were included in that previous review.⁹ The present study covers 79% of papers addressed by Ekambaram et al. (2015),⁹ whereas their article covers about 57% of the papers included here. These findings highlight the fact that a systematic review is hardly an ultimate, definitive conclusion on a subject or research question; there is usually room for new contributions, particularly when the literature is abundant on a topic and large variability exists between studies. Differences in inclusion and exclusion criteria change between studies, often leading to different sets of included papers, and sometimes perhaps even to different conclusions.

The present review was able to meta-analyze the bond strength results to compare SoD and CAD, having an additional focus (subgroup analyses) on the methods used for removal of infected carious dentin before bonding. Different methods for removal of caries could lead to different extents of tissue removal and deeper dentin exposure, for instance. Methods such as grinding or bur excavation could be less conservative in removing infected carious dentin, exposing the harder dentin tissue beneath the lesion. In contrast, methods such as laser ablation or biochemical caries removal could lead to altered surface topography. Irrespective of

the methods used for caries removal, SoD was always favored in the analyses for either etch-and-rinse or self-etch adhesives, with different effect sizes only. This might be explained by the fact that at least a minimum surface flattening is needed for bond strength measurements, regardless of the caries removal method employed. Conditions of the dental surfaces were thus probably not that different between studies, since removal of caries could not be simply restricted to necrotic tissue.

The meta-analyses were carried out separately for etch-and-rinse and self-etch adhesives, since most of studies did not compare these two adhesive approaches with appropriate controls for each condition. An additional meta-analysis comparing the bond strength of etch-and-rinse vs. self-etch adhesives applied to CAD alone was carried out. Although not many comparisons were included (11 in total), this additional analysis favored etch-and-rinse over self-etch adhesives, meaning that the previous application of phosphoric acid seems beneficial for bonding to CAD. This result is corroborated by the previous systematic review on bonding to CAD, which indicated that 3-step etch-and-rinse adhesives seemed to perform better in CAD,⁹ although the authors were cautious in interpreting their results because few studies had been addressed. General explanation for the better performance of etch-and-rinse over self-etch adhesives is two-fold. Acid etching is more effective in dissolving the superficial tissue for mechanical keying in the altered CAD³⁵ than self-etch adhesives, which have a less acidic composition, reducing their potential to demineralize and create microporosity.⁵⁴ In addition, bonding of self-etch monomers relies on chemical interaction with calcium ions,¹⁶ which are usually in lower concentration in CAD.^{5,44,52}

One of the shortcomings of most studies included here is that only immediate bond strengths (i.e. after 24 h storage in water) were measured. This means that only the initial bonding potential of materials and techniques addressed in the papers should be taken into account. The mentioned better performance of etch-and-rinse in CAD over self-etch adhesives, for instance, could be different in case long-term storage was tested. Another variable to be mentioned is that 4 studies testing artificially induced CAD dentin were included, in order to broaden the investigation and cover one important aspect that is sometimes ignored in bond strength tests: artificial caries lesions tend to be more homogeneous and controlled than natural caries lesions.³⁶ The use of artificially-induced CAD might allow testing dental adhesives in an altered substrate rather than always focusing adhesion to sound,

unaltered dentin substrate. The number of included studies addressing artificial caries lesions was quite low, with probably negligible effect on the overall meta-analysis. However, it should be mentioned that artificial CAD is histologically different from natural CAD, particularly due to possible presence of reparative dentin in natural lesions, which usually take longer to be produced.

Almost all statistical analyses carried out here presented high heterogeneity, and the subgroup analyses were performed to identify factors possibly influencing the results. Reasons and variables that influenced the high heterogeneity were hardly identified since the studies present a high number of covariates involved. The parameters assessed by the risk of bias tool showed a high prevalence of unclear judgment, indicating possible problems with reporting in the included studies. Reporting problems is unfortunately a common place in laboratory studies, especially because there are no consensus guidelines or orientation on how to conduct and report studies in the dental *in vitro* literature. It is also likely that the present results may have been influenced by publication bias, as studies with poor or negative results could simply have not been published. This last aspect is in fact a concern in all types of literature, not only *in vitro*. A broad search was used to aid in minimizing this problem, with additional no restriction to language or publication date.

Current concepts and techniques for caries excavation and adhesion to residual dentin present a number of alternative materials and techniques for application. The dental substrate left after excavation, with remaining caries degradative phenomena, is still a challenge for the bonding of resin-based restorative materials. Results of the present systematic review and meta-analyses corroborate a study⁷ that indicated that irrespective of the caries excavation method chosen, it is safer to finish the cavity margins in clean/sound tooth tissue in order to obtain the best performance of dental adhesives. However, this should be accomplished while being the least invasive possible with regard to caries excavation and as most conservative as feasible with regard to sound tissue preservation.

Reasons for the observed lower bond strength to CAD have been abundantly addressed in the literature. These include lower mineral content and deeper demineralized zone in CAD, changes in morphological and other chemical characteristics of mineralized tissues,^{13,44,71} changes in the secondary structure of collagen,⁷¹ as well as thicker hybridization in CAD as compared to SoD. A study⁷² that analyzed the effect of dentin type on bond strength after removing the variance

for which hardness accounted as a covariate indicated that the condition of dentin had a significant effect on bond strength: even if SoD and CAD had similar intertubular hardness, the bond strength to CAD would still be significantly lower than to SoD. Reduction in the cohesive strength of CAD has been also linked with poor bonding,⁷⁸ which corroborates the 25% of the articles included in the systematic review that observed that more cohesive failures within CAD than SoD. It is clear that CAD is a more challenging substrate for bonding compared to SoD, and this effect should be taken into account when evaluating dental adhesives *in vitro* or when developing new bonding agents, which usually are tested only using sound dentin in pre-clinical tests.

3.6 Clinical relevance

Caries-affected dentin is a more challenging substrate for bonding than sound dentin, irrespective of the adhesive approach used. When bonding to caries-affected dentin, the *in vitro* literature indicates that the use of etch-and-rinse adhesives seems preferable over self-etch materials.

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Table 1. Characteristics of the studies included in this systematic review

Author (year)	Sample size*	Dental substrate and carious dentin type	Caries detection method	Method for removal of carious infected dentin	Bond strength test	Modes of failure	Conclusion
Arrais et al. (2004) ¹	9 teeth	Human third molars with coronal natural caries lesions	Visual examination and surface hardness using a dental explorer	Excavation and grinding (400-, 600-grit SiC papers)	µTBS	n.i.	SoD had higher bond strength than CAD. Additional and extended acid-etching times improved the bond strength to CAD
Burrow et al. (2003) ³	4-11 specimens	Human molars with natural caries lesions	Biochemical solution	Excavation	µTBS	CAD generally had more cohesive failures in dentin than SoD	Similar bond strengths were observed for SoD and CAD
Ceballos et al. (2003) ⁴	4 teeth	Human molars with natural coronal caries lesions	Staining and visual examination	Grinding	µTBS	No major differences between substrates	SoD had higher bond strength than CAD depending on the material tested
Doi et al. (2004) ⁸	5 teeth	Human molars with natural coronal caries lesions	Staining	Grinding (diamond saw and 600-grit SiC paper)	µTBS	Cohesive failures in dentin were observed only for CAD	SoD had higher bond strength than CAD
Ekambaram et al. (2014) ¹⁰	16 specimens	Human molars with natural coronal caries lesions	Staining	Excavation (manual)	µTBS	Cohesive failures in dentin were observed only for CAD	SoD generally had higher bond strength than CAD. Use of chlorhexidine preserved the bond strength of hydrophobic adhesive to SoD and CAD
Ergüçü et al. (2009) ¹¹	4 teeth (5 specimens/tooth)	Human molars with natural coronal caries lesions	Staining and visual and tactile examination	Laser (Er,Cr:YSGG) and excavation (bur)	µTBS	No major differences between substrates	SoD had higher bond strength than CAD
Erhardt et al. (2008) ¹³	17-19 specimens	Human molars with natural coronal caries lesions	Staining and visual examination	Grinding (180- to 600-grit SiC papers)	µTBS	No major differences between substrates.	SoD had higher bond strength than CAD. Increased exposed collagen zone and decreased
Erhardt et al. (2008) ¹⁴	5 teeth	Human molars with natural coronal caries lesions	Staining	Excavation and grinding (600-grit SiC paper)	µTBS	No major differences between substrates.	SoD had higher bond strength than CAD after acid-etching

Erhardt et al. (2008) ¹⁵	6 teeth (4 specimens/tooth)	Bovine incisors with artificial caries	Microhardness testing	Grinding (180- to 600-grit SiC papers)	μTBS	No major differences between substrates	SoD had higher bond strength than CAD
Huang et al. (2011) ²³	15 specimens	Human molars with natural coronal caries lesions	Staining	Excavation and grinding (600-grit SiC paper)	μTBS	n.i.	SoD had higher bond strength than CAD
Kimochi et al. (1999) ²⁶	6-8 teeth	Human molars with natural coronal caries lesions	Staining and visual examination	Grinding (600-grit SiC paper)	μTBS	CAD had more cohesive failures in dentin than SoD	SoD had higher bond strength than CAD
Koyuturk et al. (2006) ³¹	14 teeth	Human molars with natural coronal caries lesions	Staining, visual examination, and surface hardness using a sharp excavator	Grinding (320-grit SiC paper)	SBS	No major differences between substrates	Three adhesives had higher bond strength to SoD and two other adhesives had higher bond strength to CAD
Kunawarote et al. (2011) ³²	10 teeth (4-5 specimens/ tooth)	Human molars with natural coronal caries lesions	Staining, radiography and visual examination	Excavation and grinding (600-grit SiC paper)	μTBS	SoD had more cohesive failures within the restorative composite than CAD	SoD had higher bond strength than CAD
Macedo et al. (2009) ³⁴	6 teeth (8 specimens/ tooth)	Human molars with natural occlusal caries lesions	Staining, visual examination, and surface hardness	Grinding (600-grit SiC paper)	μTBS	No major differences between substrates	SoD had higher bond strength than CAD
Mobarak et al. (2011) ³⁷	20 teeth	Human molars with natural occlusal caries lesions	Staining and visual examination	Excavation and grinding (600-grit SiC paper)	μSBS	No major differences between substrates	Similar bond strengths were observed for SoD and CAD. Use of chlorhexidine preserved the bond strength to CAD
Mobarak & El-Badrawy (2012) ³⁸	20 teeth (2 specimens/ tooth)	Human molars with natural coronal caries lesions	Visual and tactile examination and microhardness testing	Grinding	μSBS	No major differences between substrates	Differences in bond strength between SoD and CAD depended on the adhesive system

Nakajima et al. (1995) ⁴⁶	10 specimens	Human molars with coronal caries lesions	Staining, visual examination and surface hardness using a dental explorer	Grinding (320-, 600-grit SiC papers)	μTBS	No major differences between substrates	SoD generally had higher bond strength than CAD
Nakajima et al. (1999) ⁴⁸	9-14 specimens	Human molars with natural coronal caries lesions	Staining and visual examination	Grinding (320-, 600-grit SiC papers)	μTBS	n.i.	Similar bond strengths were observed for SoD and CAD
Nakajima et al. (2000) ⁴⁵	12-19 specimens	Human molars with natural coronal caries lesions	Staining and visual examination	Grinding (180-, 600-grit SiC papers)	μTBS	CAD had more mixed failures than SoD	SoD generally had higher bond strength than CAD
Nakajima et al. (2000) ⁴⁷	6 teeth (4-5 slices/ tooth)	Human third molars with natural coronal caries lesions	Staining and visual examination	Grinding (600-grit SiC paper)	μTBS	No major differences between substrates	SoD had higher bond strength than CAD
Nakajima et al. (2005) ⁴⁴	26 specimens	Human molars with natural coronal caries lesions	Staining and visual examination	Grinding (600-grit SiC paper)	μTBS	CAD had more cohesive failures in dentin than SoD	SoD had higher bond strength than CAD. The demineralized zone of the CAD-resin interface (8 μm thick) was thicker than that of SoD (3 μm thick)
Neves et al. (2011) ⁴⁹	5 teeth (~35 specimens/ group)	Human molars with natural coronal	Digital radiography	Grinding, laser (Er:YAG), biochemical solution, excavation (bur)	μTBS	CAD had more cohesive failures in dentin than SoD	SoD had higher bond strength than CAD
Omar et al. (2007) ⁵³	5 teeth	Human molars with natural occlusal caries lesions	Visual and microscopy examination	Excavation (bur) and grinding (diamond saw)	μTBS	n.i.	SoD had higher bond strength than CAD, but not for all adhesives tested
Perdigão et al. (1994) ⁵⁵	10 teeth	Human molars with Artificial lesions induced by acidogenic challenge	Visual examination	Grinding (240-, 400-, 600-grit SiC papers)	SBS	No major differences between substrates	SoD had higher bond strength than hypermineralized and demineralized dentin groups
Pereira et al. (2006) ⁵⁶	5 teeth (5-8 specimens/ tooth)	Human molars with natural coronal caries lesions	Staining	Grinding (600-grit SiC paper)	μTBS	n.i.	SoD generally had higher bond strength than CAD

Say et al. (2005) ⁶⁰	3 teeth (80 specimens / SoD and 40 specimens / CAD)	Human third molars with natural coronal caries lesions	Staining and visual examination	Grinding (600-grit SiC paper)	μTBS	CAD generally had more cohesive failures in dentin than SoD	SoD had higher bond strength than CAD. There were no significant differences between self-etch and etch-and-rinse adhesives in CAD
Scholtanus et al. (2010) ⁶³	10-12 specimens	Human molars with natural occlusal caries lesions	Staining, visual and tactile examination	Excavation	μTBS	No major differences between substrates	SoD generally had higher bond strength than CAD
Sengün et al. (2002) ⁶⁵	12 teeth	Human molars with natural coronal caries lesions	Staining and visual examination	Excavation and grinding (diamond saw)	SBS	No major differences between substrates	SoD had higher bond strength than CAD, but not for all adhesives tested
Sengün et al. (2005) ⁶⁴	15 teeth	Human molars with natural coronal caries lesions	Staining and visual examination	Excavation and grinding (320-grit SiC paper)	SBS	No major differences between substrates	Differences in bond strength between SoD and CAD depended on the sensitizer used before bonding
Singh et al. (2011) ⁶⁶	10 teeth	Human mandibular molars with natural caries lesion	Staining and visual examination	Grinding (220-, 600-grit SiC papers)	μTBS	n.i.	SoD had higher bond strength than CAD
Taniguchi et al. (2009)	12 specimens /group	Human molars with natural coronal caries lesions	Staining and visual examination	Grinding (600-grit SiC paper)	μTBS	No major differences between substrates	SoD generally had higher bond strength than CAD
Xie et al. (1996) ⁷³	11 teeth	Human third molars with Artificial lesions induced by acidogenic challenge	Visual examination	n.i.	μTBS	CAD had more adhesive failures than SoD	Similar bond strengths were observed for SoD and CAD
Xuan et al. (2010) ⁷⁴	10 beam-shaped specimens/ group	Human third molars with natural coronal caries lesions	Staining and visual examination	Excavation and grinding (600-grit SiC paper)	μTBS	n.i.	SoD generally had higher bond strength than CAD
Yazici et al. (2004) ⁷⁵	3 teeth (10-12 specimens/ tooth)	Human mandibular molars with natural coronal caries lesions	Staining and visual examination	Excavation (bur) and grinding (600-grit SiC paper)	μTBS	n.i.	SoD had higher bond strength than CAD without additional acid-etching. Additional acid-etching did not improve the bond strength to CAD
Yoshiyama et al. (2000) ⁸⁰	10-12 specimens	Human molars with natural coronal caries lesions	Staining and visual examination	Excavation (bur) and grinding	μTBS	n.i.	SoD generally had higher bond strength than CAD

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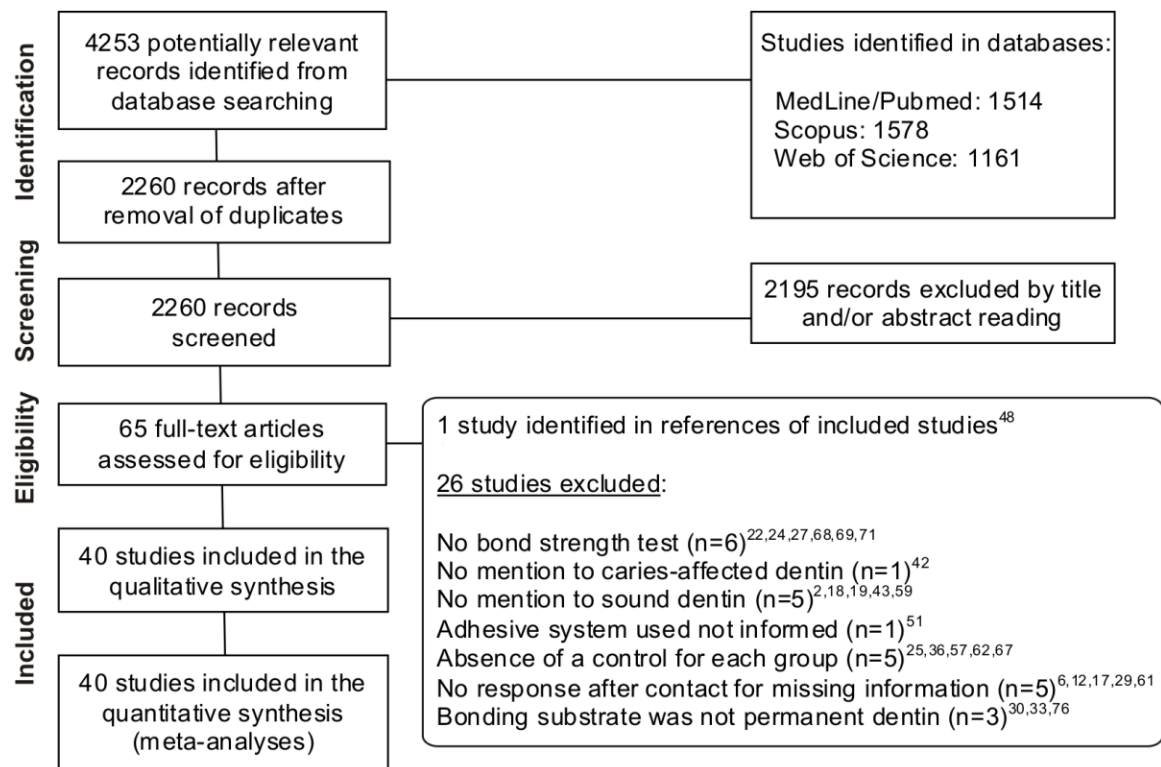


Fig 1 Flow diagram of the systematic review.

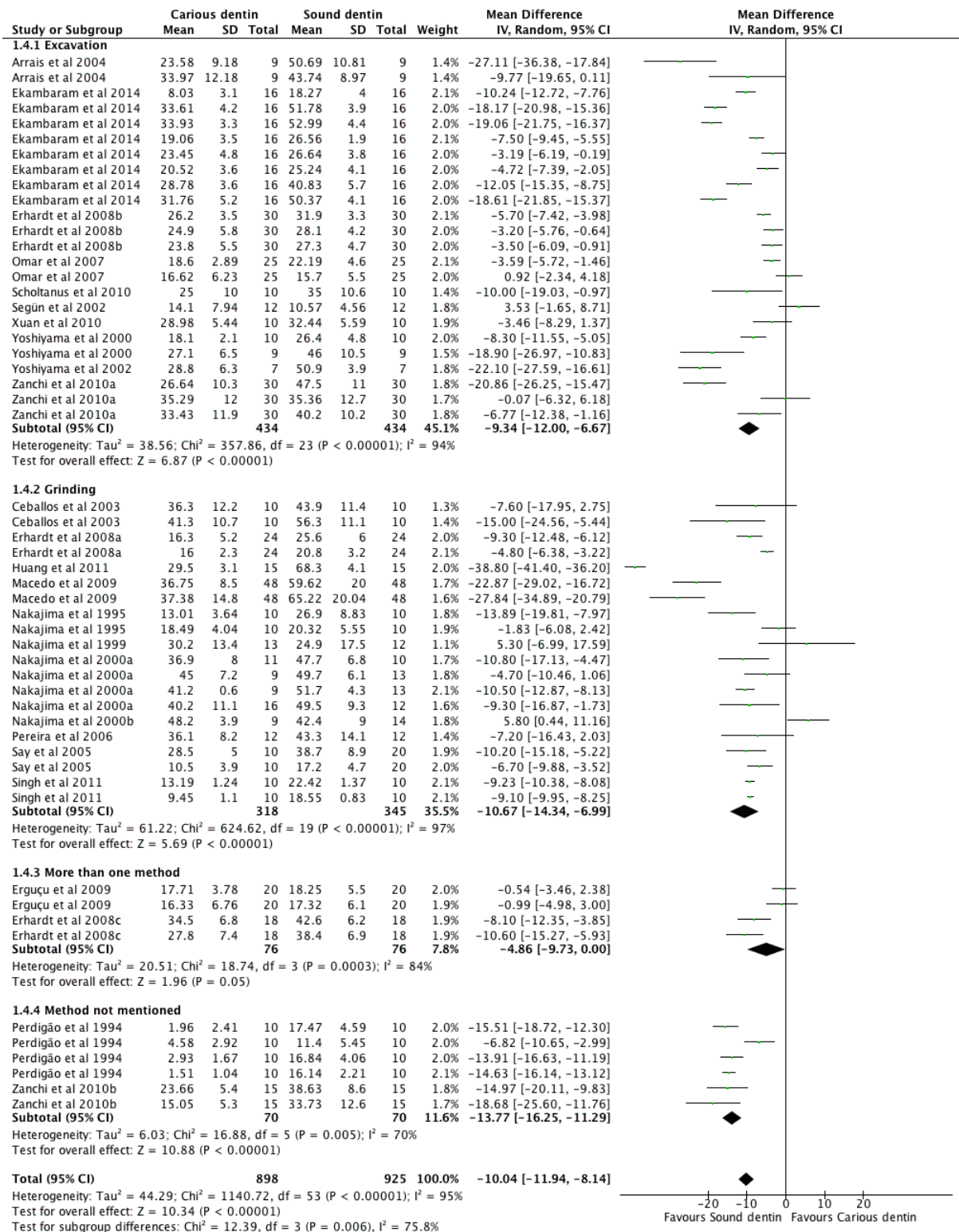


Fig 2 Summary of findings of the meta-analysis comparing the bond strength of etch-and-rinse adhesives to sound vs. caries-affected dentin, according to the methods used for removal of infected carious dentin (subgroup analyses). All analyses favored sound dentin.

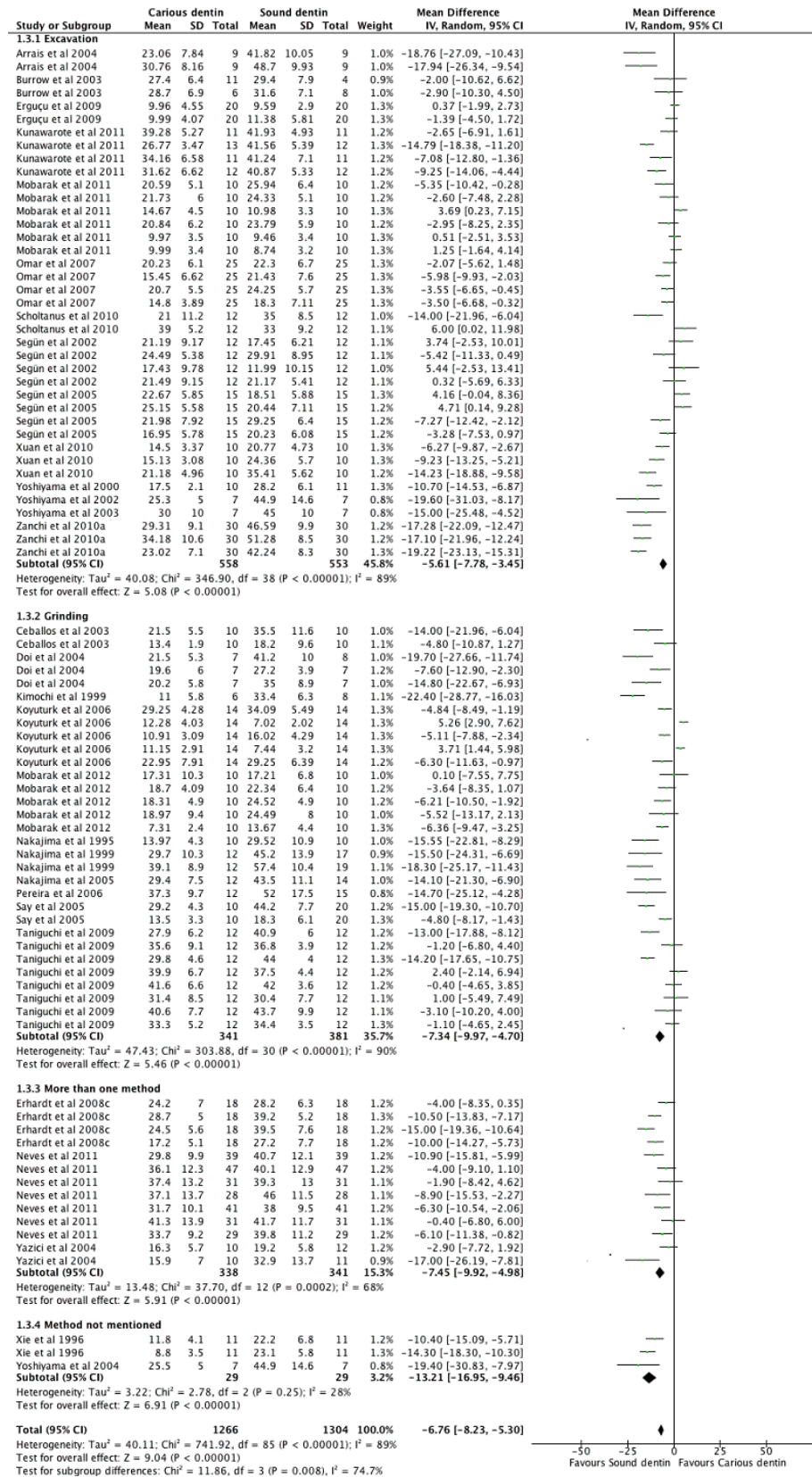


Fig 3 Summary of findings of the meta-analysis comparing the bond strength of self-etch adhesives to sound vs. caries-affected dentin, according to the methods used

for removal of infected carious dentin (subgroup analyses). All analyses favored sound dentin.

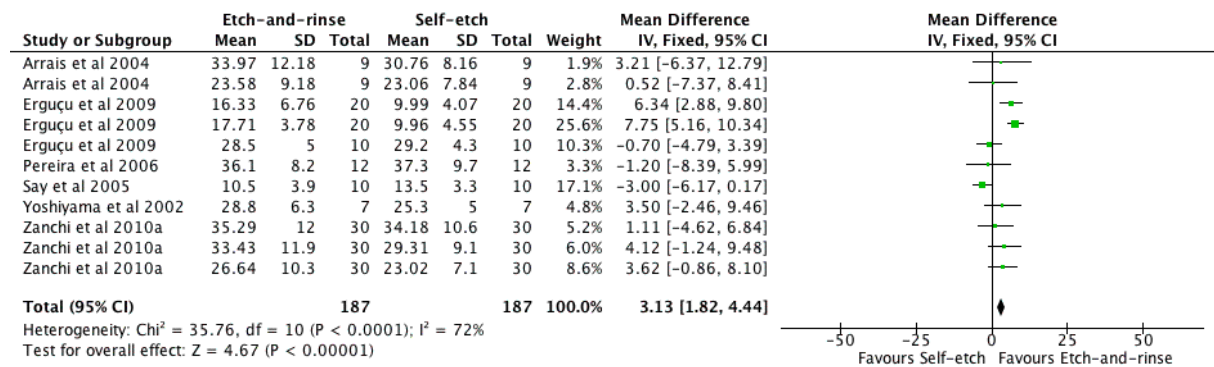


Fig 4 Meta-analysis comparing the bond strength of etch-and-rinse vs. self-etch adhesives applied to caries-affected dentin. The analysis favored etch-and-rinse adhesives.

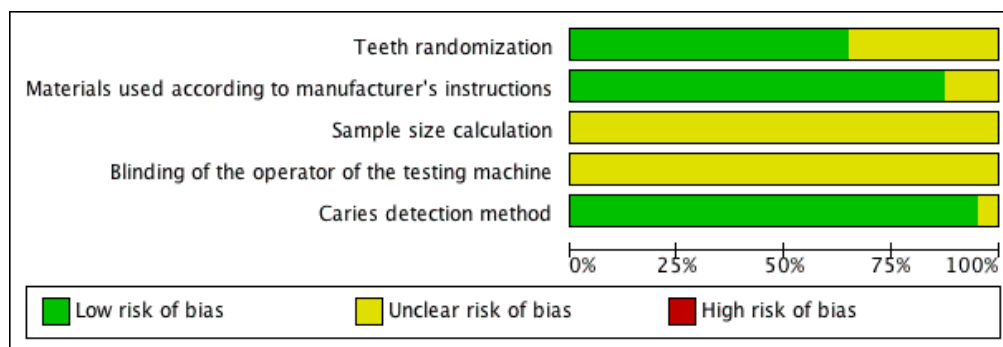


Fig 5 Risk of bias graph: proportion of studies with low, unclear, or high risk of bias for each item according to the authors' judgements.

	Teeth randomization	Materials used according to manufacturer's instructions	Sample size calculation	Blinding of the operator of the testing machine	Caries detection method
Arrais et al 2004	●	●	?	?	?
Burrow et al 2003	?	●	?	?	●
Ceballos et al 2003	●	●	?	?	●
Doi et al 2004	?	●	?	?	●
Ekambaram et al 2014	●	?	?	?	●
Ergüç et al 2009	●	●	?	?	●
Erhardt et al 2008a	●	●	?	?	●
Erhardt et al 2008b	?	●	?	?	●
Erhardt et al 2008c	?	●	?	?	●
Huang et al 2011	●	●	?	?	●
Kimochi et al 1999	?	?	?	?	●
Koyuturk et al 2006	●	●	?	?	●
Kunawarote et al 2011	●	●	?	?	●
Macedo et al 2009	●	●	?	?	●
Mobarak et al 2011	●	●	?	?	●
Mobarak et al 2012	?	●	?	?	●
Nakajima et al 1995	●	●	?	?	●
Nakajima et al 1999	●	●	?	?	●
Nakajima et al 2000a	●	●	?	?	●
Nakajima et al 2000b	●	●	?	?	●
Nakajima et al 2005	●	●	?	?	●
Neves et al 2011	●	●	?	?	●
Omar et al 2007	●	●	?	?	●
Perdigão et al 1994	●	●	?	?	●
Pereira et al 2006	?	●	?	?	●
Say et al 2005	●	?	?	?	●
Scholtanus et al 2010	●	●	?	?	●
Segun et al 2002	●	●	?	?	●
Segun et al 2005	●	●	?	?	●
Singh et al 2011	?	●	?	?	●
Taniguchi et al 2009	?	●	?	?	●
Xie et al 1996	?	●	?	?	●
Xuan et al 2010	●	●	?	?	●
Yazici et al 2004	●	●	?	?	●
Yoshiyama et al 2000	?	●	?	?	●
Yoshiyama et al 2002	?	?	?	?	●
Yoshiyama et al 2003	?	?	?	?	●
Yoshiyama et al 2004	?	●	?	?	●
Zanchi et al 2010a	●	●	?	?	?
Zanchi et al 2010b	●	●	?	?	●

Fig 6 Risk of bias summary: authors' judgements on each item for each included study.

4 Capítulo 3

Bonding effectiveness of experimental one-step, self-etch adhesives to sound and caries-affected dentin³

Short title: One-step adhesives and caries-affected dentin

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4.1 Abstract

Objectives: This study evaluated the shear bond strength (SBS) of experimental one-step, self-etch adhesives containing three different concentrations of acidic monomer (GDMA-P) to sound dentin (SoD) and caries-affected dentin (CAD).

Methods: Bovine teeth were used to prepare disc-shaped dentin specimens. Microcosm biofilms were formed over half of the specimens and cultivated under anaerobic conditions (14 days) for CAD preparation (CAD group). The other specimens were separated in the SoD group. Each group was then divided into six subgroups according to the type of adhesive used (AD5, AD20, and AD35, depending on the concentration of GDMA-P) and period of water storage (24 h and 6 months), representing a $2 \times 3 \times 2$ study design (n=10). The specimens were included in acrylic resin and treated with the adhesives. An elastomer mold with cylindrical orifices (1.5 mm diameter) was used to obtain two cylinders of composite resin on the surface. After 24 h and 6 months of water storage, the cylinders were subjected to SBS testing using a mechanical testing machine. Scanning electron microscopy (SEM) was performed to evaluate the hybrid layer formed in all groups, and Masson's trichrome test was carried out to examine the presence of exposed collagen. Data were analyzed with ANOVA and Student-Newman-Keuls test ($\alpha=5\%$).

Results: The acidity of the adhesive influenced the bond strength results, regardless of the substrate. CAD was not always a worse scenario when compared to SoD. SEM images showed that CAD surfaces were more irregular (uneven) than SoD ones. The total amount of exposed collagen increased over time for all groups. The adhesive with 20 wt% of acidic methacrylate yielded stable bond strength values that were generally independent of the dentin substrate tested.

Significance: The adhesives prepared here were effective as dentin bonding agents, although the level of effectiveness was dependent on factors such as the acidity of the adhesive, type of substrate, and period of water storage.

Keywords: Adhesive, dental caries, shear bond strength

4.2 Introduction

Dental caries is one of the most common oral diseases in humans [1], and caries lesions extending to dentin are usually treated by placement of restorations. Under the concepts of minimally invasive dentistry, decayed dental tissue located at the inner layer of the cavity may be only partially removed [2], thus the restorative procedure would include bonding to both sound dentin (SoD) and caries-affected dentin (CAD). It is worth mentioning that, even upon a decision for complete removal of the caries lesion, some CAD may remain in the cavity. Several studies indicate that bonding to CAD is more challenging than bonding to non-altered dentin [3-6] due to morphological and chemical alterations of CAD [7,8] which may result in unfavorable conditions for effective adhesion [9,10].

Despite the nature and state of the substrate, bonding to enamel/dentin may follow two different strategies, i.e, etch-and-rinse or self-etch approaches. Depending on the strategy chosen, the resulting treated substrate might present different characteristics. In dentin, while the etch-and-rinse strategy removes completely the smear layer, thus letting the tubules open for resin infiltration and hybridization, the self-etch strategy only modifies the smear layer, so the adhesive is incorporated to it. Considering the caries-affected scenario, self-etch adhesives would be incorporated to the CAD. Etch-and-rinse adhesives were found to perform better than self-etch compositions when applied to CAD [3,6]; notwithstanding, the use of self-etch materials has grown in dentistry, especially due to their easier application and less sensitive bonding protocol. Consequently, self-etch compositions are currently being considered for the development of new adhesive systems.

Within the self-etch category, one-step adhesives have the simplest protocol of application, but the most complex composition. Taking into consideration that typical components of adhesives, including but not limited to resin monomers (acidic, hydrophilic, hydrophobic), solvents, water, and photoinitiators, are all mixed together, one-step adhesives are usually associated with inferior bond strength performance [11]. One-step adhesives are very hydrophilic, which may potentiate hydrolysis of the bonding layer over time.

Furthermore, and according to some previous studies, the concentration of acidic monomer incorporated to two-step, self-etch adhesives was found to influence the immediate and long-term dentin bond strengths [12,13]. However, there are still few studies investigating the bonding performance of one-step, self-etch adhesives, especially on CAD [14]. Hence, the objectives of this study were: a) to formulate experimental one-step, self-etch adhesive systems containing different contents of acidic monomer and b) to investigate the effect of these adhesives on the effectiveness of bonding to SoD and CAD substrates.

4.3 Materials and methods

4.3.1 Preparation of dentin discs

Bovine incisors were cleaned and stored in 0.5% chloramine-T solution for seven days. Standard enamel-dentin discs (2 mm in thickness, 6 mm in diameter) were cut from the buccal surfaces of the teeth using water-cooled trephine drill. The discs were wet-ground using 80-grit SiC abrasive paper until the dentin was exposed, then wet-polished with 600-grit SiC abrasive paper for 1 min to standardize the smear layer. All discs were inspected with 40X magnification to ensure the absence of enamel. The dentin discs were randomly divided into two groups according to the type of substrate: SoD or CAD. The SoD discs were not subjected to any further treatment, whereas CAD discs were coated with nail varnish, except for the buccal surface, which was left uncoated to undergo the cariogenic challenge further detailed. All discs were sterilized using gamma radiation and kept at 4°C in a humid atmosphere until use.

4.3.2 Formation of artificial CAD

The experimental setup used to artificially form CAD was described elsewhere[15]. After approval by the local Research Ethics Committee (protocol 25/2013), 20 mL of fresh saliva stimulated by paraffin film were collected from a healthy volunteer (a 48-year-old female) who had not been under antibiotic therapy for at least six months. No saliva volume was discarded before the collection. The volunteer abstained from oral hygiene for 24 h and from food ingestion for 2 h prior to collection. A 0.4 mL volume of saliva was inoculated onto each dentin disc (n=84) in a 24-microwell plate, and it remained at rest for 1 h at 37°C. After this period, the saliva was gently aspirated from the bottom of each well and 1.8 mL of defined medium enriched with mucin (DMM) [16,17] containing 1% sucrose was added; the plates were then incubated at 37°C under an anaerobic atmosphere (5–10% CO₂, less than 1% O₂) [18]. After 4 h, the specimens were rinsed with 2 mL of sterile saline, inserted into a new plate containing DMM without sucrose, and incubated for 20 h under the same conditions.

The biofilms were formed individually on the specimens in each well for 14 days, during which the same daily routine of alternate exposure to DMM supplemented with and without sucrose was followed. The cross-sectional hardness test was performed to determine integrated hardness loss (ΔS) and to confirm formation of artificially-induced CAD, as described before [15]. Briefly, four CAD specimens were longitudinally sectioned using a water-cooled diamond saw, embedded in PVC tubes using poly(methyl)methacrylate (PMMA), and wet polished with 600-, 1200-, 1500-, and 2000-grit SiC abrasive papers, with an 1 μm diamond suspension. Cross-sectional Knoop hardness measurements were carried out with a microindenter (FM-700; FutureTech, Tokyo, Japan) under a load of 5 g and with a dwell time of 5 s. Two columns with eight indentations each were made per specimen (10, 20, 30, 40, 50, 100, 150, and 200 μm from the surface). The ΔS was calculated by subtracting the hardness profile (Knoop hardness number, kgf/mm^2) of the artificial CAD from the hardness values obtained for SoD substrate.

4.3.3 Formulation of experimental one-step, self-etch adhesives

Three one-step, self-etch adhesives were prepared by mixing bisphenol-A glycidyl dimethacrylate (Bis-GMA, hydrophobic monomer), 2-hydroxyethyl methacrylate (HEMA, hydrophilic monomer), 1,3-glycerol dimethacrylate phosphate (GDMA-P, acidic monomer), water and ethanol (solvents), and photoinitiators (0.4 wt% camphorquinone, 0.8 wt% 4-(dimethyl)aminoethyl benzoate). All monomers were obtained from Esstech Inc. (Essington, PA, USA), except for GDMA-P that was synthesized as previously described [12]. The concentration of HEMA and GDMA-P varied according to the adhesive, as shown in Table 1. The adhesives were prepared using two distinct bottles (A and B), which were mixed prior to their application. The concentration of acidic monomer in the mixed adhesives was 5 wt%, 20 wt%, and 35 wt%, thus the materials were labelled as AD5, AD20, and AD35. The pH of mixed adhesives ($n=3$) was measured using a digital pHmeter (An2000; Analion, Ribeirão Preto, SP, Brazil).

4.3.4 Bond strength test and failure mode analysis

Dentin discs (60 SoD, 60 CAD) were cleaned with a toothbrush and distilled water and embedded in PVC tubes using PMMA [19]. The adhesives were vigorously applied for 20 s to the dentin surface using microbrush and dried with mild air stream. Elastomer molds with two cylindrical orifices (diameter 1.5 mm, thickness 0.5 mm) were placed at the center of the dentin discs. The adhesive was photoactivated for 20 s using a light-emitting diode curing unit (Radii; SDI, Bayswater, Victoria, Australia) with 800 mW/cm^2 irradiance. The orifices were filled with composite resin (Filtek Z350 XT; 3M ESPE, St. Paul, MN, USA), which was photoactivated for 20 s. The specimens were stored in distilled water at 37°C for 24 h or 6 months without renewal of the storage medium. For the bond strength test, a stainless steel wire (0.2 mm in diameter) was looped around each cylinder and aligned with the bonded interface. The shear bond strength test was conducted on a mechanical testing machine (DL500; EMIC, São José dos Pinhais, PR, Brazil) at a crosshead speed of 0.5 mm/min until failure. In total, 20 cylinder specimens were tested for each adhesive, substrate, and storage time combination. Fractured specimens were observed under 40 \times magnification using a stereomicroscope to determine the failure mode: adhesive (interfacial) or mixed failure (partially adhesive and partially cohesive within the dentin).

4.3.5 *In situ* degree of C=C conversion

The adhesives were applied to dentin discs ($n=3$) and stored in distilled water at 37°C for 24 h. The specimens were sectioned longitudinally across the bonded interfaces to obtain two resin-dentin slices, which were wet-polished with 1200 and 2500-grit SiC paper for 60 s each. After ultrasonically cleaning for 20 min in distilled water, the specimens were air-dried and *in situ* degree of C=C conversion (DC) was measured within the hybrid layer using a micro-Raman spectrometer (Xplora; Horiba, Paris, France). The spectrometer was calibrated for zero and for coefficient values using a standard silicon specimen, and the following parameters were used: 20 mW neon laser with 532 nm wavelength, spatial resolution of 3 mm, spectral 5 cm^{-1} , accumulation time of 10 s with 4 accumulations, and 100 \times magnification

(Olympus, London, UK) to a 1 mm beam diameter. Polymer spectra were taken at three different sites for each adhesive interface and the values averaged. Spectra of uncured adhesives (monomer) were used as reference. Post-processing of spectra was performed using LabSpec software v.6.1 (Horiba) by means of baseline correction and normalization of the range between 1590 and 1660 cm^{-1} . %DC was calculated as previously described [20].

4.3.6 SEM morphological analysis of the bonded interfaces

Two additional specimens for each substrate and for each group ($n=24$) were tested. Each adhesive system was applied as described before and the two dentin discs were bonded to each other using a photoactivated composite resin, generating a dentin-composite-dentin sandwiched specimen. The specimens were embedded cross-sectionally in epoxy resin for visualization of the dentin-composite interfaces. After 24 h, the specimens were wet-polished with 600-, 1200-, 1500-, and 2000-grit SiC abrasive papers and polished with 3-, 1-, and 0.5- μm diamond suspensions. The surfaces were etched with a 50% phosphoric acid aqueous solution for 5 s and deproteinized by immersion in 2.5% NaOCl aqueous solution for 10 min. The specimens were ultrasonically cleaned with distilled water and dried in a container with silica gel for 2 h, at room temperature. The polished surfaces were coated with gold and the bonded interfaces examined using scanning electron microscopy – SEM (JSM 6610, JEOL, Tokyo, Japan).

4.3.7 Histological analysis

Two specimens for each substrate and for each group tested ($n=24$) were separated; each adhesive system was applied as described before. Two dentin discs were bonded to each other using a photoactivated composite resin, generating dentin-composite-dentin sandwiched specimens which were cut in a precision cutting machine to obtain three slices (2 mm thick \times 2 mm wide \times 5 mm long) per specimen. The slices were fixed in a 10% formalin solution for 48 h and slightly demineralized in a 10% Morse solution for 48 h without agitation. Next, the slices were washed in running tap water for 24 h, neutralized in a 5%

sodium sulfate solution for the same period, washed with water again for 24 h, dehydrated in a series of increasing ethanol solutions (70% to 100%), cleared in xylol, and embedded in paraffin under vacuum. The 4- μ m-thick serial sections were cut from the slices with a microtome (820 Spencer Microtome; American Optical, Buffalo, NY, USA) and stained with Goldner's Masson trichrome [21]. In this staining technique, green indicates the mineralized dentin, beige the adhesive layer, orange the collagen-resin hybridized layer, and dark red indicates the exposed collagen.

The histological sections were digitized using a light microscope (Nikon Eclipse E200; Nikon, Tokyo, Japan) connected to a video camera (Moticam 5.0; Motic®, Xiamen, China) and computer operating with Image Pro Capture Kit Platform (Media Cybernetics; Bethesda, MD, USA). The images were captured using 10 \times objective and stored in Tagged Image File Format. For each slide, as many fields of 540 μ m were captured as necessary, in order to include the entire region of interest (Figure 1). Sixty four images were then obtained. The images were analyzed by a calibrated and blinded examiner. The calibration consisted of evaluating a series of 20 histological images, twice, at two different moments. The results of these two evaluations were subjected to a paired t-test and Pearson's correlation coefficient, showing the absence of a significant differences ($P>0.05$) and a strong correlation ($r>0.9$). The exposed collagen was quantified by means of semi-automated segmentation technique [22] in the image software.

4.3.8 Statistical analysis

All data were statistically analyzed with SigmaStat v.3.5 software (Systat Software Inc., San Jose, CA, USA). pH data were analyzed using one-way Analysis of Variance (ANOVA). DC and bond strength data were analyzed using two-way ANOVA (adhesive vs. substrate). Bond strength data between 24 h and 6 months for each adhesive and substrate were compared using t-tests. Data were transformed to ranks when necessary before the analyses. Total counts of exposed collagen mesh were analyzed using ANOVA on Ranks. All

pairwise multiple comparison procedures were carried out using the Student-Newman-Keuls' method. A significance level of $\alpha=0.05$ was considered for all analyses.

4.4 Results

The acidic monomer content was associated with lower pH of the adhesives (Table 1). Formation of artificially-induced CAD was confirmed by a ΔS ranging from 2,030 to 2,964 in CAD specimens, with a lesion depth between 100 and 150 μm . Representative light micrographs of bonded interfaces of AD20 stained with Goldner's Masson trichrome are shown in Figure 1. Intertubular demineralized dentin layer in CAD was thicker than in SoD; also, a more evident exposed collagen zone along the base of the hybrid layer was observed for CAD. Table 2 shows the results for in situ DC. Whereas the factor 'adhesive' was significant ($p < 0.001$), no significant differences were observed for the factor 'substrate' ($p = 0.291$) or the interaction between factors ($p = 0.651$). The adhesive AD35 had significantly lower DC than the other adhesives in general.

Results for 24 h and 6 months shear bond strength are also shown in Table 2. At 24 h, the factor 'adhesive' was not significant ($p = 0.138$), whereas the factor 'substrate' and the interaction between factors were significant ($p < 0.001$). Bonding to SoD vs. CAD at 24 h was always significantly different: bond strength to SoD was higher for AD5 and AD35, but lower for AD20. For SoD, AD35 had better immediate bonding performance than AD20, whereas for CAD the adhesive AD20 had better results than the other materials. At 6 months, both factors and their interaction were significant ($p \leq 0.01$). Only AD20 showed significant differences in bonding between the substrates, again with improved bonding to CAD. The bond strengths of AD35 were higher as compared to the other adhesives at 6 months.

Comparisons for each adhesive between 24 h and 6 months are presented in Figure 2. AD20 was the only material showing stable dentin bond strengths overtime, irrespective of the dentin substrate tested. In contrast, AD5 applied to SoD showed lower bond strengths after 6 months whereas, interestingly, AD35 applied to CAD had poorer performance at 24 h. Failure modes (Figure 3) indicated a predominance of adhesive failures for all adhesives, dentin substrates, and storage periods tested. Occurrence of mixed failures seemed to be less frequent when the adhesives were tested after 6 months of storage.

Regarding the SEM analysis of the bonded interfaces (Figure 4), which show the interface formed between the experimental adhesives and SoD or CAD, it can be observed that both substrates were impregnated with the adhesives. SoD always presented a planar dentin surface to interact with the adhesive, whereas the surface of CAD, in some cases, was more irregular. The hybrid layer was generally thicker in CAD than in SoD. Results for the amount of exposed collagen in SoD and CAD bonded substrates are shown in Table 3. No appreciable differences between the substrates were generally observed. The only significant difference between SoD and CAD was observed for AD20 at 24 h, with greater exposed collagen area in CAD. At 24 h, AD35 had greater exposed collagen area in SoD than AD20, which had lower exposed collagen in SoD than the other materials at 6 months. Interestingly, the highest average fold increase in exposed collagen area between 24 h and 6 months was observed for AD20 applied to SoD, whereas AD35, for instance, showed no major changes with time.

4.5 Discussion

The main goal of this study was to investigate the role of acidic monomer concentration in one-step, self-etch adhesives, on their bonding effectiveness to SoD and CAD. The monomer used was GDMA-P, which is an effective acidic-functional methacrylate that demonstrates ability to demineralize dentin, allowing resin infiltration and long-lasting adhesion between resin-based materials and dental substrates [12,23]. One important factor that may affect dental adhesion outcomes is the acidity (pH) of the adhesive [13,24]. Self-etch adhesives are acidic in nature due to the need for demineralizing the dental substrate for infiltration. According to Leal et al. [12], the greater the content of the acidic monomer in self-etch adhesives, the greater their acidity. This corroborates the present findings, in which adhesives with higher GDMA-P content had lower pH. It is worth mentioning that, although the pH values of adhesives AD20 and AD35 were numerically close to each other, i.e., 1.2 and 1.0 respectively, the latter was two times more acidic than the former, since pH is the negative decadic logarithm of the hydrogen ion concentration. This means that even small reductions in pH may correspond to significant gains in acidity [25]. Considering this, AD35 was approximately nine times more acidic than AD5.

Despite the gain in acidity that materials may present upon incorporation of higher amounts of acidic monomer, it has been reported that greater acidity might be associated with poorer polymerization potential [26]. In fact, the adhesive with highest content of GDMA-P (AD35) showed the poorest in situ DC, which is explained by the negative effects of unreacted acidic species over C=C. No significant differences in DC were observed, in contrast, when AD5 and AD20 were compared. A possible explanation for this finding is that AD20 was probably more viscous than AD5, reducing the negative effects of increased acidity [27]. The acidic monomer content in AD35 may be considered too high as regards the C=C conversion within the hybrid layer. It is interesting to note, however, that the more acidic adhesives seem to have produced enhanced adhesion to dentin, although their performance was dependent on both substrate type and water storage period.

It is already well-accepted that acidic methacrylates may not interact with hard dental tissues through an exclusive acid-dependent mechanism, but also through a process known as “Adhesion-decalcification concept” [28,29]. This concept states that any acidic molecule is able to chemically bond to hydroxyapatite, thus forming a calcium salt, and depending on the stability of the salt, the acid may remain bonded to (adhesion) or de-bond (decalcification) from the substrate [30]. To fully understand the effect of the concept on the present findings, two points should be considered: i) SoD is morphologically different from CAD, i.e., the former has a mineralized substrate with open tubules and the latter has a partially demineralized intertubular dentin with mineral deposits occluding most of the tubules [31,32] and ii) the three adhesives prepared in this study were different from each other regarding their acidic potential – AD5, AD20, and AD35 can be accordingly classified as ‘mild’ (pH around 2), ‘intermediately strong’ (pH between 1 and 2), and ‘strong’ ($\text{pH} \leq 1.0$) self-etch adhesives [30]. At 24 h, while SoD was better hybridized with AD35, this adhesive produced the lowest bonding ability to CAD; conversely, AD20 performed better in CAD than in SoD. It can be suggested that AD35 was too acidic for application in the already demineralized CAD, over-etching (decalcification process) the substrate. By contrast, the use of the ‘moderately strong’ AD20 allowed proper demineralization and resin infiltration of the substrate (adhesion process). Occurrence of more than 20% of mixed failures happened only in SoD treated with AD35 and in CAD treated with AD20, corroborating the bond strength results. The SEM micrographs also confirm the present findings, showing the over-demineralized aspect of CAD treated with AD35, as opposed to AD20, which exhibited the presence of resin tags, indicating resin infiltration through the substrate.

One of the major disadvantages of one-step systems is their excessive hydrophilicity, derived from the presence of acidic species and water. This excessive hydrophilicity makes the adhesives more prone to attract water molecules from dentin, for instance [33]. As the adhesive layer acts as semipermeable membranes even after polymerization, water diffusion through the hybrid layer might occur [34]. Such permeability contributes to polymer hydrolysis and degradation of the resin-dentin interface overtime [35,36]. In contrast to

previous studies [37-39], the present findings demonstrated that the adhesion generally stayed stable overtime, except for two groups: SoD treated with AD5 (decreased bond strengths at 6 months), and CAD treated with AD35 (improved bond strengths after 6 months). Composition of the adhesives differed only in the content of GDMA-P, and HEMA, as a consequence. A previous study showed that incorporation of more than 10 wt% of HEMA into self-etch adhesives had no advantageous effects on the adhesive performance [40]. Therefore, considering that adhesives AD5, AD20, and AD35 were constituted of 40, 25, and 10 wt% of HEMA, faster hydrolytic degradation processes could be expected for substrates treated with AD5. The bonding performance of AD5 applied to SoD, comparing 24 h and 6 months results, corroborates this assumption. However, this was true only in SoD, so explanation might rely on other phenomena, such as the total amount of exposed collagen. After 6 months, the amount of exposed collagen for groups treated with AD5 was 9.5 times higher in SoD and only 4.3 times higher in CAD, indicating that more hydrolysis occurred within the former than the latter. It seems that the presence of demineralized dentin in CAD prior to the adhesive application facilitated resin infiltration and interlocking with the exposed collagen fibrils, reducing degradation and consequently the exposure of new collagen fibrils overtime.

Histological staining differences between CAD and SoD are usually dependent on the availability of exposed collagen for reaction with the Goldner's Masson trichrome stains. The presence of partially demineralized dentin (stained red) in CAD indicates more exposure of collagen fibrils, differently from the underlying intact dentin packed by minerals (stained green). Although the bond strength to CAD treated with AD35 was low at 24 h, it was higher compared to the other adhesives after 6 months of water storage. One can note that the amount of exposed collagen in CAD at 24 h was low upon application of AD35, so it can be expected that most collagen fibrils were impregnated with adhesive. As a consequence, less degradation occurred overtime. In addition, the greater variability and more irregular topography of CAD [31] may contribute to improving the micromechanical interlocking of the

adhesive, as well as to increasing the thickness of the hybrid layer. This could also explain the bond strength results obtained.

4.6 Conclusion

In conclusion, the experimental one-step, self-etch adhesive systems synthesized in this study worked effectively as dentin bonding agents. Caries-affected dentin was not always a more challenging bonding substrate when compared to sound dentin. The effectiveness of the adhesives was found dependent on factors such as the concentration of acidic monomer and acidity of the adhesive, in addition to water storage period. The adhesive with 20 wt% acidic methacrylate had the highest C=C conversion and yielded stable bond strengths that were, in general, independent of the dentin substrate tested.

4.7 References

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Table 1. Composition of the experimental one-step, self-etch adhesives tested (wt%)

Reagent	AD5			AD20			AD35		
	Bottle A	Bottle B	A+B	Bottle A	Bottle B	A+B	Bottle A	Bottle B	A+B
GDMA-P	10%	-	5%	40%	-	20%	70%	-	35%
HEMA	65%	15%	40%	35%	15%	25%	5%	15%	10%
Bis-GMA	10%	50%	30%	10%	50%	30%	10%	50%	30%
Water	-	20%	10%	-	20%	10%	-	20%	10%
Ethanol	15%	15%	15%	15%	15%	15%	15%	15%	15%
pH (mean \pm SD)	1.93 \pm 0.15 ^A			1.25 \pm 0.04 ^B			1.05 \pm 0.05 ^C		

Distinct letters indicate statistically significant differences in pH between the adhesives ($p < 0.05$).

Table 2. Means \pm SD for in situ degree of C=C conversion (DC) and dentin bond strengths at 24 h and 6 months

Adhesive	DC, %		Bond strength, MPa*			
			24 h		6 months	
	SoD	CAD	SoD	CAD	SoD	CAD
AD5	66.6 \pm 8.1 ^{A,ab}	66.7 \pm 2.4 ^{A,a}	5.8 \pm 2.5 ^{A,ab}	3.8 \pm 1.5 ^{B,b}	3.9 \pm 0.5 ^{A,b}	4.3 \pm 1.0 ^{A,c}
AD20	72.3 \pm 4.8 ^{A,a}	69.8 \pm 4.4 ^{A,a}	4.8 \pm 2.3 ^{B,b}	6.3 \pm 2.0 ^{A,a}	4.2 \pm 0.7 ^{B,b}	5.1 \pm 0.6 ^{A,b}
AD35	58.6 \pm 2.3 ^{A,b}	53.5 \pm 4.5 ^{A,b}	6.7 \pm 2.2 ^{A,a}	3.5 \pm 1.3 ^{B,b}	6.0 \pm 1.1 ^{A,a}	5.9 \pm 1.0 ^{A,a}

Uppercase letters in the same line indicate significant differences between sound (SoD) and caries-affected dentin (CAD); lowercase letters in each column indicate significant differences between adhesives with 5 wt% (AD5), 20 wt% (AD20), or 35 wt% (AD35) acidic monomer ($p < 0.05$). *Statistical comparisons are restricted within each storage time.

Table 3. Medians (minima-maxima) for total count of exposed collagen found for each group tested

Adhesive	24 h		6 months		Average fold increase*	
	SoD	CAD	SoD	CAD	SoD	CAD
AD5	3 (0-20) ^{A,ab}	0 (0-116) ^{A,a}	76 (0-147) ^{A,a}	94 (37-176) ^{A,a}	9.5	4.3
AD20	0 (0-2) ^{B,b}	33 (4-93) ^{A,a}	5 (0-36) ^{A,b}	5 (3-139) ^{A,a}	28.8	1.2
AD35	69 (12-125) ^{A,a}	7 (0-69) ^{A,a}	46 (3-274) ^{A,a}	18 (0-108) ^{A,a}	1.1	1.4

SoD: sound dentin; CAD: caries-affected dentin. *24 h vs. 6 months.

For each storage time, uppercase letters in the same line indicate significant differences between sound (SoD) and caries-affected dentin (CAD); lowercase letters in each column indicate significant differences between adhesives with 5 wt% (AD5), 20 wt% (AD20), or 35 wt% (AD35) acidic monomer ($p < 0.05$).

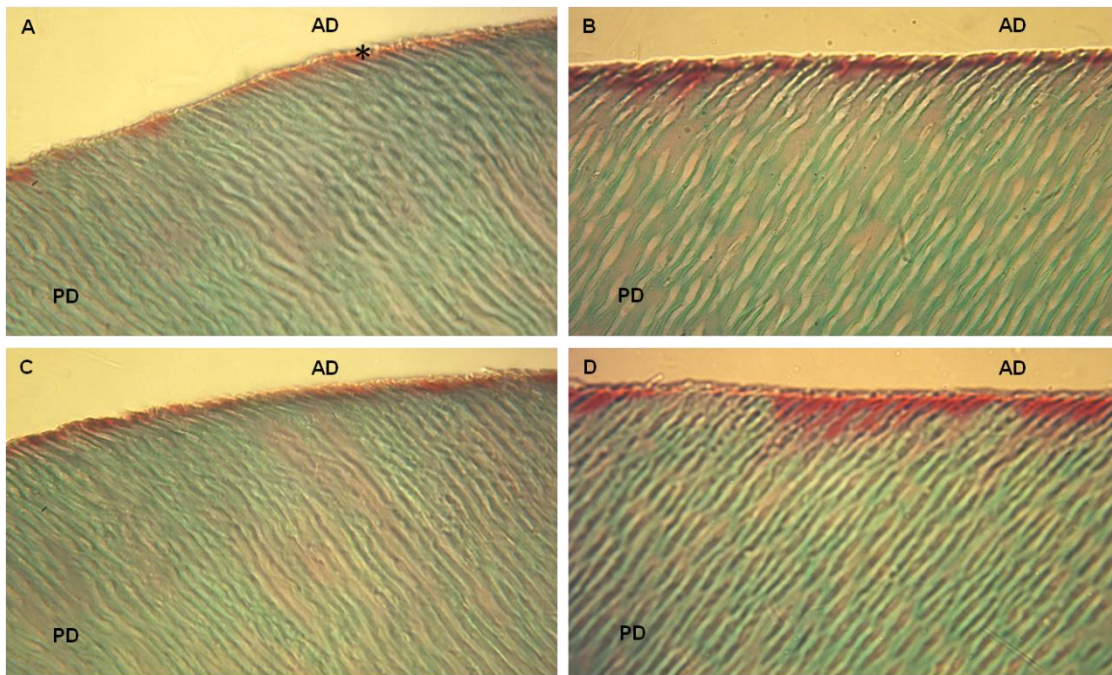


Figure 1. Representative light micrographs of bonded interfaces of AD20 (AD) stained with Goldner's Masson trichrome (original magnification: 400 \times). (A) SoD at 24 h; (B) CAD at 24 h; (C) SoD after 6 months; and (D) CAD after 6 months. Exposed collagen stained in red and partially demineralized dentin stained in green (PD). Adhesive-hybridized collagen stained in orange (asterisk). Intertubular demineralized dentin layer in CAD is thicker than in SoD, and a more evident red line along the base of the hybrid layer can be seen.

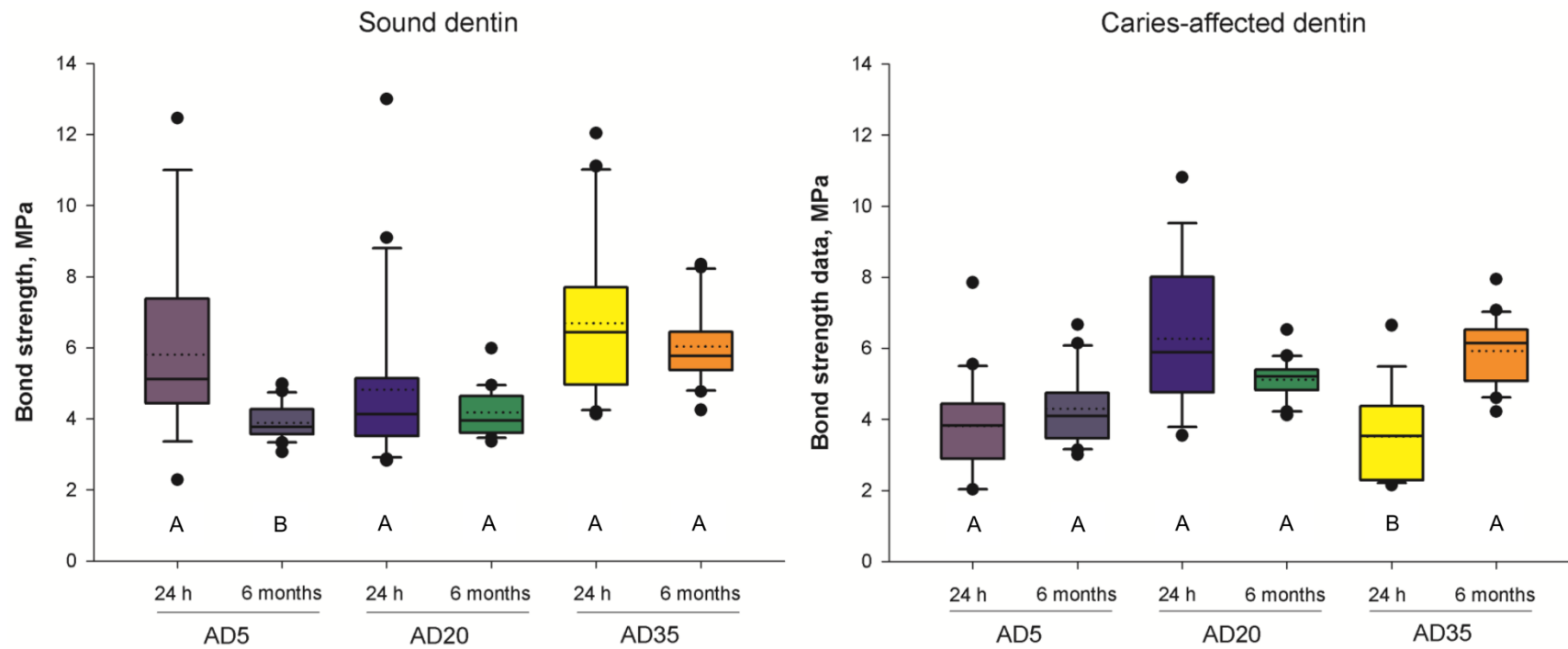


Figure 2. Box-plot comparing the bond strengths at 24 h and 6 months for each adhesive applied to sound and caries-affected dentin (solid and dashed lines in the center of each bar indicate medians and means). For each substrate, distinct letters indicate differences between 24 h and 6 months for each adhesive ($p < 0.05$).

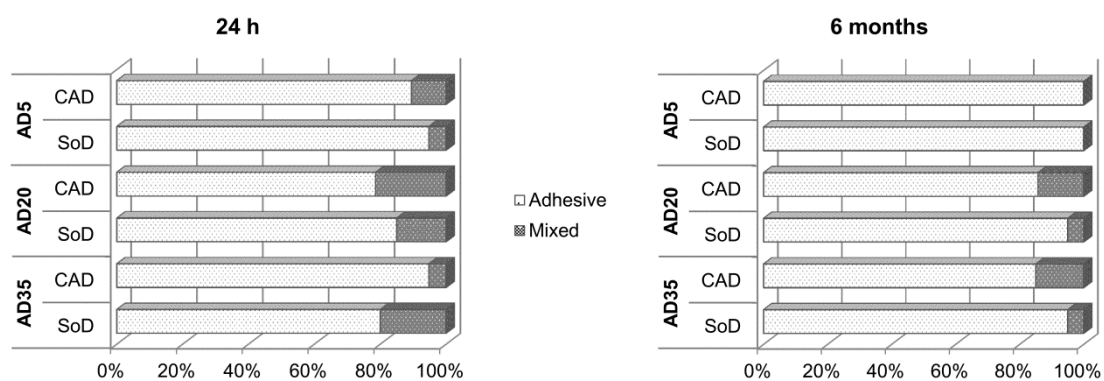


Figure 3. Distribution of the immediate and 6 months failure modes for all groups. Adhesive: failures between composite and dentin; mixed: failures partially adhesive and partially cohesive within dentin.

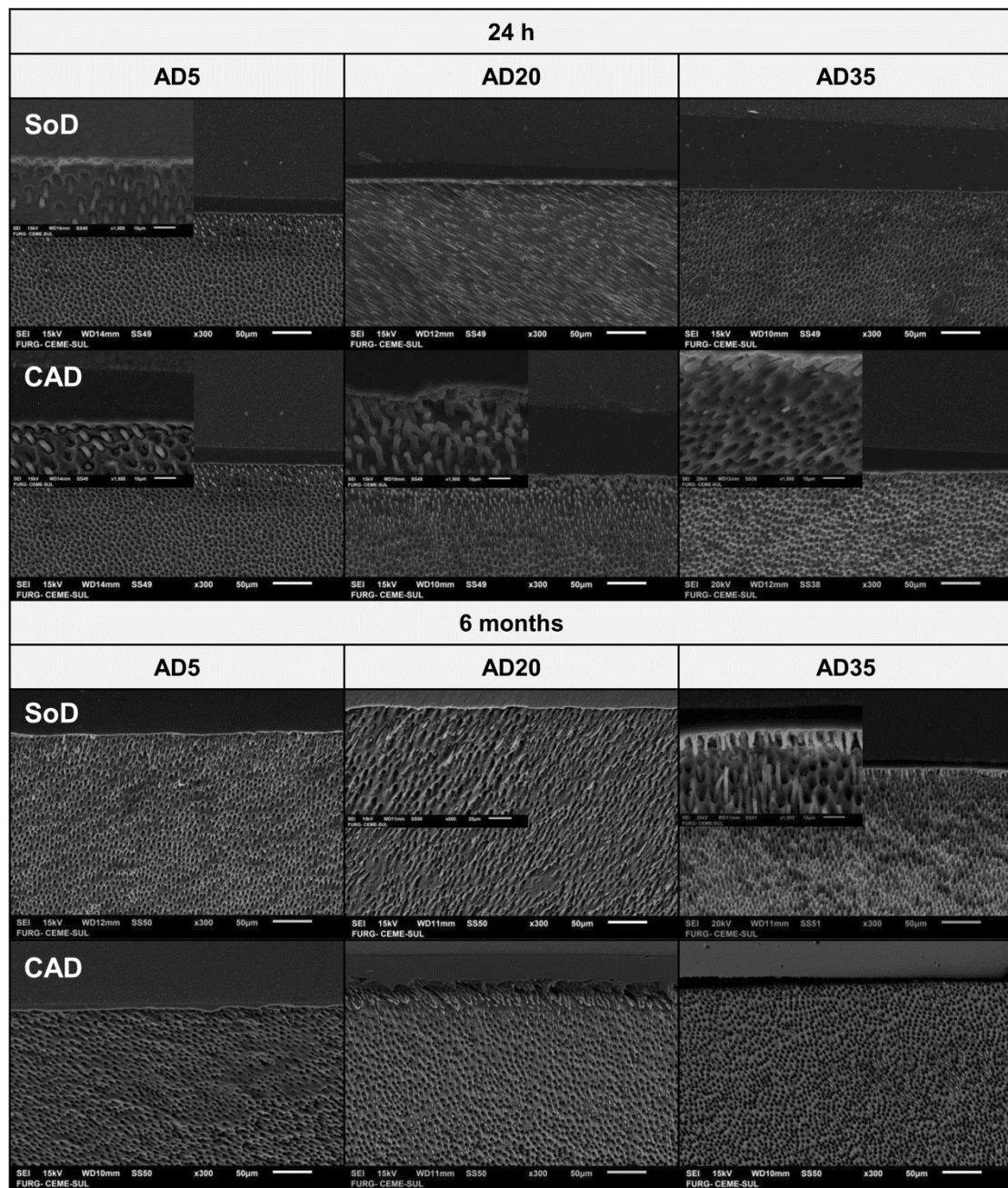


Figure 4. SEM micrographs of the bonded interfaces between the experimental adhesives and SoD or CAD (magnification: $\times 300$ or $\times 1500$ for the insert images). Both dentin substrates were impregnated with the adhesives. SoD always presented a planar dentin surface to interact with the adhesive, whereas the surface of CAD, in some cases, was more irregular. The hybrid layer was generally thicker in CAD than in SoD.

5 Considerações finais

A resistência de união do adesivo universal testado se mostrou comparável à de outros sistemas adesivos contemporâneos, embora dependente do substrato avaliado. Adesivos Universais parecem ter potencial de aplicabilidade em diferentes especialidades da odontologia .

A dentina afetada por cárie mostrou-se um substrato mais desafiador para união do que a dentina sadia, independentemente da metodologia usada para adesão. Quando se faz a união em dentina afetada por cárie, a literatura *in vitro* aponta o uso preferencial de adesivos convencionais.

Os sistemas adesivos experimentais autocondicionantes de passo único e mistura prévia sintetizados nesse estudo foram efetivos como agentes de união à dentina; nem sempre a dentina afetada por cárie mostrou aspecto menos favorável do que a dentina sadia. No entanto, a dentina afetada por cárie mostrou-se dependente de fatores como a acidez do adesivo e o período de estocagem em água. Uma maior acidez do adesivo parece contribuir positivamente para uma maior durabilidade da união, independentemente da condição da dentina.

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Apêndices

Apêndice A- Nota da Tese

União adesiva à dentina sadia e dentina afetada por cárie

Adhesive bonding to sound dentin and caries-affected dentin

A cárie dentária é uma doença que progride de forma lenta na maioria dos indivíduos, raramente é autolimitante e, na ausência de tratamento, progride até destruir totalmente a estrutura dentária. O sucesso dos procedimentos restauradores estéticos depende, entre outros fatores, da eficácia dos sistemas de união utilizados. Em uma odontologia mais conservadora já esta estabelecida a remoção parcial do tecido cariado, preservando assim mais estrutura dentária. O objetivo da presente tese de Doutorado foi o desenvolvimento de um sistema de união que fosse de fácil aplicação tanto em dentes livres de cárie, quanto em situações em que há cárie residual. Os resultados comprovaram que os sistemas de união experimentais testados mostraram união satisfatória também ao tecido com cárie residual, porém mais estudos ainda são necessários. É de fundamental importância o desenvolvimento de materiais odontológicos que sejam simples e ao mesmo tempo eficazes para as situações clínicas vivenciadas pelos cirurgiões dentistas, sempre considerando que a preservação de estrutura dentária seja uma prioridade frente a qualquer tratamento.

Campo da pesquisa: Odontologia Restauradora; materiais odontológicos.

Candidato: Cristina Pereira Isolan, mestre em Reabilitação Oral pela Universidade Veiga de Almeida. UVA-RS.

Data da defesa e horário: 25/02/2016

Local: Auditório do Programa de Pós-graduação em Odontologia da Universidade Federal de Pelotas. 5º andar da Faculdade de Odontologia de Pelotas. Rua Gonçalves Chaves, 457.

Membros da banca: Prof^ª. Dr^ª. Giana da Silveira Lima. Doutora em Odontologia (Dentística) pela Universidade Federal de Pelotas; Prof. Dr. Maximiliano Sérgio Cenci. Doutor em Odontologia (Cariologia) pela Universidade Estadual de Campinas; Prof^ª. Dr^a Francine Cardozo Madruga. Doutora em Odontologia (Materiais Odontológicos) pela Universidade Federal de Pelotas; Prof. Dr. Eliseu Aldrighi Münchow. Doutor em Odontologia (Dentística) pela Universidade Federal de Pelotas; Prof. Dr. Fábio Garcia Lima. Doutor em Odontologia (Dentística) pela Universidade Federal de Pelotas (suplente); Prof. Dr. Rafael Guerra Lund. Doutor em Odontologia (Dentística) pela Universidade Federal de Pelotas (suplente).

Orientador: Prof. Dr. Rafael Ratto de Moraes. Doutor em Materiais Dentários pela Universidade Estadual de Campinas.

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Apêndice B – Súmula do Currículo

Cristina Pereira Isolan nasceu em 1976, em Pelotas, Rio Grande do Sul. Completou o ensino fundamental e médio em Escola privada na mesma cidade. No ano de 1996, ingressou na Faculdade de Odontologia da Universidade Paranaense (UNIPAR), tendo sido graduada cirurgiã-dentista em 1999. No ano seguinte ingressou no Aperfeiçoamento em Odontogeriatrica na Universidade Luterana do Brasil (ULBRA). Na sequência atuou em consultório privado, até o início do Doutorado. No ano 2001 iniciou Especialização em Prótese Dentária na Pontifícia Universidade Católica do Rio Grande do Sul (PUC-RS). No ano 2004 iniciou Mestrado no Programa de Pós-graduação em Odontologia da Universidade Veiga de Almeida (UVA-RJ), área de concentração Reabilitação Oral, onde trabalhou na avaliação epidemiológica de idosos. Dissertação defendida e aprovada em 2006. Em 2012 iniciou Doutorado na Universidade Federal de Pelotas (UFPel) na área de Materias Odontológicas. Durante o período de doutorado foi bolsista do Conselho Nacional de Desenvolvimento Científico e Tecnológico (CNPq) e desenvolveu trabalhos na área de adesão.

Publicações:

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Anexos

ANEXO A: Parecer do Comitê de ética



MINISTÉRIO DA EDUCAÇÃO
UNIVERSIDADE FEDERAL DE PELOTAS
FACULDADE DE ODONTOLOGIA
COMITÊ DE ÉTICA E PESQUISA

PELOTAS, 03 de junho de 2013

PARECER Nº 25 /2013

O projeto de pesquisa intitulado “Variáveis de formulação e união de adesivos autocondicionantes a dentina afetada por cárie”, está constituído de forma adequada, cumprindo, nas suas plenitudes preceitos éticos estabelecidos por este Comitê e pela legislação vigente, recebendo, portanto, PARECER APROVADO.

Assinatura manuscrita do Prof. Dr. Renato Fabricio de Andrade Waldemarin.

Prof. Dr. Renato Fabricio de Andrade Waldemarin

Coordenador do CEP- FOP/UFPel